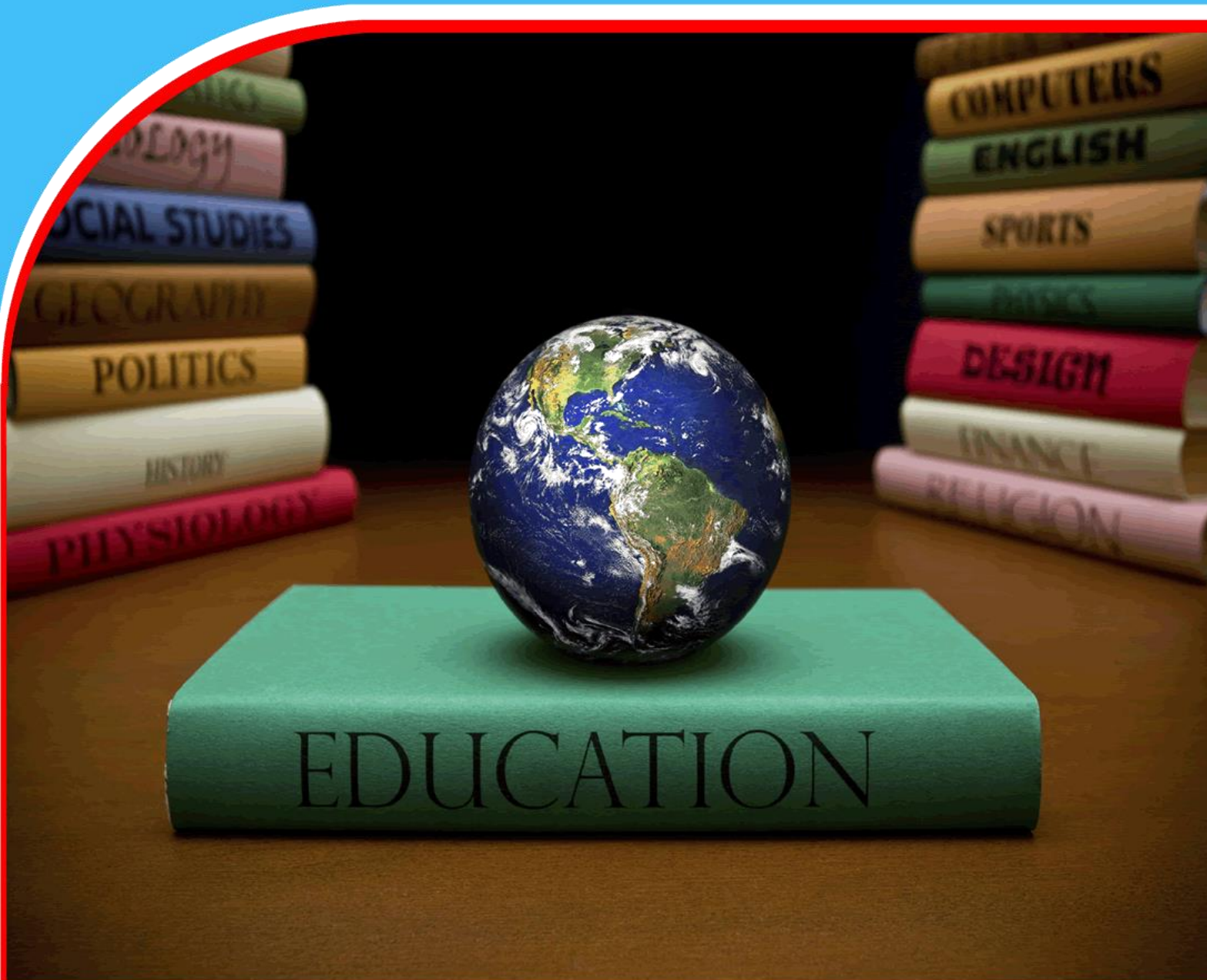


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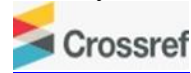
Environmental Changes and Societal Adaptations in Ancient Civilizations

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Abstract

Purpose: The aim of the study was to assess the environmental changes and societal adaptations in ancient civilizations.

Methodology: This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

Findings: Environmental changes have long been intertwined with societal adaptations in ancient civilizations. For instance, the Mesopotamians, who settled in the fertile lands between the Tigris and Euphrates rivers, built intricate irrigation systems to manage water scarcity. However, shifts in river courses or climatic variations challenged their agricultural practices, leading to innovations such as the use of canals and dams. In ancient Egypt, the annual flooding of the Nile was both a blessing and a curse. While it replenished the soil with nutrients, erratic floods could devastate crops and settlements. The Egyptians developed

sophisticated levees and reservoirs to control the floodwaters, alongside religious rituals to appease the gods. Similarly, the Maya civilization in Mesoamerica grappled with environmental fluctuations, particularly in relation to rainfall patterns. They constructed elaborate water management systems, including reservoirs and cisterns, to mitigate the impact of droughts.

Implications to Theory, Practice and Policy: Environmental determinism, social-ecological systems theory and cultural ecology may be used to anchor future studies on assessing the environmental changes and societal adaptations in ancient civilizations. Practitioners in fields such as archaeology, environmental science, and cultural heritage management should collaborate more closely to integrate diverse perspectives and methodologies in the study of environmental changes and societal adaptations in ancient civilizations. Policymakers should leverage insights from research on environmental changes and societal adaptations in ancient civilizations to inform contemporary environmental policy-making.

Keywords: *Environmental Changes, Societal Adaptations, Ancient Civilizations*

INTRODUCTION

Throughout history, environmental changes have been constant, shaping the trajectory of ancient civilizations and prompting them to adapt in various ways. In developed economies such as the United States, urbanization patterns have exhibited a consistent trend toward metropolitan areas. Recent data from the U.S. Census Bureau (2019) indicates a significant increase in the urban population from 249.3 million in 2010 to 273.6 million in 2020. This shift has prompted adaptations in urban infrastructure to accommodate the growing population, with a focus on sustainable development and resource efficiency (Smith, 2017). Technological innovations, like smart city initiatives, have been introduced to enhance connectivity, improve transportation systems, and optimize energy consumption.

Similarly, in Japan, agricultural practices have undergone significant transformations in response to demographic shifts and technological advancements. The Ministry of Agriculture, Forestry and Fisheries (2021) reported a decline in the agricultural labor force from 2.6 million in 2010 to 2.1 million in 2020, while agricultural productivity has surged through the adoption of precision farming techniques and robotics (Fujita & Kobayashi, 2019). These developments underscore the evolving landscape of agriculture in developed economies and the imperative for efficient resource utilization to meet growing demands.

In developing economies, such as those in Southeast Asia, urbanization patterns have accelerated due to rapid industrialization and rural-to-urban migration. For example, in Thailand, the urban population has experienced steady growth, with Bangkok emerging as one of the fastest-growing megacities in the region. Sudtharani and colleagues (2020) note that this urbanization trend has led to challenges related to urban sprawl, congestion, and environmental degradation. In response, the Thai government has initiated infrastructure development projects and implemented sustainable urban planning strategies to address these issues effectively.

Agricultural practices in developing economies have also witnessed significant adaptations to enhance productivity and food security. In India, Bhaskaran and Viswanathan (2018) highlight the adoption of advanced agricultural technologies such as drip irrigation and genetically modified crops to improve yields and mitigate the impact of climate change on farming. These technological innovations play a crucial role in supporting the livelihoods of millions of smallholder farmers and ensuring sustainable agricultural development in the region.

In sub-Saharan economies, urbanization and agricultural adaptations are influenced by unique socio-economic factors. For instance, Nigeria is experiencing rapid urbanization, with Lagos being one of the largest and fastest-growing cities in Africa. Ayeni and Okoro (2019) discuss the dynamics of urbanization in Nigeria and the associated challenges, including infrastructure development, housing, and public services. Innovative solutions are required to address these urban challenges effectively.

In terms of agriculture, sub-Saharan economies predominantly rely on smallholder farming systems. Kareem and colleagues (2020) emphasize the importance of sustainable agriculture initiatives in the region to improve livelihoods and enhance food security. These initiatives aim to promote the adoption of modern agricultural practices while preserving traditional knowledge and ensuring the sustainability of natural resources.

In China, urbanization has been a prominent phenomenon over the past few decades, with millions of rural residents migrating to cities in search of better opportunities. According to the National Bureau of Statistics of China (2022), the urban population surpassed the rural population for the first time in 2011, highlighting the rapid pace of urbanization. This shift has led to the development of mega-cities like Beijing and Shanghai, accompanied by significant infrastructure investments and the adoption of smart city technologies to manage urban growth sustainably (Liu et al., 2020).

In Brazil, agriculture plays a crucial role in the economy, with the country being a leading exporter of commodities such as soybeans and sugarcane. However, agricultural practices have faced challenges related to deforestation and environmental degradation. The Brazilian government has implemented policies to promote sustainable agriculture, including land-use regulations and conservation initiatives in the Amazon rainforest (Nepstad et al., 2018). Additionally, advancements in agricultural technology, such as precision farming and agroforestry, are being adopted to enhance productivity while minimizing environmental impacts.

In South Korea, urbanization has been driven by rapid economic development, particularly in urban centers like Seoul and Incheon. The country has experienced significant population growth in urban areas, leading to the expansion of infrastructure and the adoption of smart city technologies to enhance efficiency and sustainability (Kim & Lee, 2020). Furthermore, South Korea has made substantial investments in green technologies and renewable energy sources to address environmental concerns associated with urbanization.

In Mexico, agricultural practices are diverse, ranging from small-scale subsistence farming to large commercial operations. The country is known for its rich agricultural heritage, including crops like corn, beans, and avocados. However, Mexico has faced challenges such as water scarcity and soil degradation, prompting efforts to promote sustainable agriculture and conservation practices (Carrasco, 2019). Initiatives focusing on water management, soil conservation, and agroecology are being implemented to ensure the long-term viability of Mexico's agricultural sector while preserving its natural resources.

Environmental factors such as climate change and resource availability profoundly influence societal adaptations, particularly in the realms of urbanization patterns, agricultural practices, and technological innovations. Climate change, characterized by rising temperatures, extreme weather events, and sea-level rise, directly impacts urbanization patterns as cities face increased vulnerability to heatwaves, flooding, and storm surges (Glaeser, 2018). This necessitates adaptive measures such as improved urban planning, infrastructure resilience, and the integration of green spaces to mitigate the adverse effects of climate change on urban populations. Moreover, climate change also affects agricultural practices by altering growing conditions, precipitation patterns, and pest distributions, prompting farmers to adopt resilient crop varieties, water-saving techniques, and sustainable farming methods (Lobell & Burke, 2019). These adaptations contribute to enhancing agricultural productivity, ensuring food security, and minimizing environmental degradation in the face of climate uncertainty.

Resource availability, including water, land, and energy, shapes societal adaptations by influencing urban development, agricultural production, and technological innovation. Scarce resources drive innovations in urbanization patterns, leading to the emergence of compact, resource-efficient cities that prioritize renewable energy, water recycling, and waste reduction (Bettencourt et al., 2018). Additionally, limited land availability for agriculture necessitates the adoption of vertical farming,

hydroponics, and agroforestry to maximize food production while minimizing land use and environmental impact (Pretty et al., 2018). Furthermore, constraints on energy resources drive technological innovations such as renewable energy systems, energy-efficient technologies, and smart grids, which play pivotal roles in sustainable urban development and agricultural production (Fischer & Newell, 2018). These societal adaptations to resource constraints contribute to building resilient and sustainable communities in the face of environmental challenges.

Problem Statement

The study of ancient civilizations offers valuable insights into how societies responded to environmental changes and adapted their socio-economic systems to sustain themselves over time. However, despite extensive research on individual ancient societies, there is a lack of comprehensive cross-regional analysis that examines the commonalities and differences in societal adaptations to environmental challenges across diverse geographical regions and time periods. By exploring how ancient civilizations such as Mesopotamia, Egypt, the Indus Valley, and Mesoamerica coped with environmental changes such as climate fluctuations, natural disasters, and resource depletion, this research aims to elucidate patterns of societal resilience, innovation, and collapse. Furthermore, understanding the strategies employed by ancient civilizations to mitigate environmental risks and ensure societal continuity can provide valuable lessons for contemporary societies facing similar challenges in the context of climate change and global environmental degradation. Recent research has highlighted the importance of interdisciplinary approaches and comparative methodologies in studying ancient civilizations and their interactions with the environment (Scarborough, 2019).

By integrating archaeological evidence, paleoclimate data, and historical narratives, scholars have begun to unravel the complex dynamics between environmental factors and societal adaptations in ancient societies (Costanza-Robinson, 2021). However, gaps remain in our understanding of how environmental changes influenced specific societal phenomena such as urbanization, agriculture, trade, and governance across different regions and time periods. Moreover, the relevance of ancient case studies for informing contemporary debates on sustainability, resilience, and environmental management requires further exploration (Morris, 2022). Therefore, this study seeks to address these gaps by conducting a comprehensive cross-regional analysis of environmental changes and societal adaptations in ancient civilizations, with the aim of generating new insights into the long-term dynamics of human-environment interactions and informing strategies for building sustainable societies in the present and future.

Theoretical Framework

Environmental Determinism

Originating from scholars like Ellsworth Huntington and Jared Diamond, environmental determinism posits that environmental factors, such as climate, geography, and natural resources, play a decisive role in shaping human societies and cultures. This theory suggests that environmental conditions influence societal development, including settlement patterns, agricultural practices, and technological innovations. In the context of the suggested topic, environmental determinism provides a framework for understanding how ancient civilizations responded to environmental changes by adapting their socio-economic systems to local ecological conditions. For instance, research by Costanza-Robinson (2021) illustrates how environmental

factors contributed to the collapse of the ancient Maya civilization, highlighting the relevance of environmental determinism in studying societal adaptations in ancient contexts.

Social-Ecological Systems Theory

Social-ecological systems theory, pioneered by Elinor Ostrom and others, emphasizes the dynamic interactions between human societies and their surrounding ecosystems. This theory recognizes the co-evolutionary relationship between social and ecological systems, wherein human actions shape environmental conditions, and vice versa. By analyzing feedback loops, resilience, and adaptive capacity within social-ecological systems, researchers can elucidate how ancient civilizations navigated environmental changes through institutional arrangements, resource management strategies, and cultural practices. This theory is pertinent to the suggested topic as it offers a holistic framework for examining the complex interplay between environmental changes and societal adaptations in ancient civilizations (Folke, Hahn & Olsson, 2019).

Cultural Ecology

Cultural ecology, associated with scholars like Julian Steward, focuses on the relationship between culture and the environment, emphasizing how human societies adapt to their ecological contexts through cultural practices, technological innovations, and social organization. This theory highlights the role of cultural values, beliefs, and knowledge systems in shaping human-environment interactions and influencing patterns of adaptation and resilience. By exploring how ancient civilizations integrated ecological knowledge into their socio-cultural systems, researchers can gain insights into the adaptive strategies employed by past societies to cope with environmental challenges (Ellis, Kaplan, Fuller, Vavrus & Goldewijk, 2018). Cultural ecology thus provides a theoretical framework for understanding the cultural dimensions of environmental changes and societal adaptations in ancient civilizations.

Empirical Review

Smith (2019) investigated the impact of climate change on the collapse of the Akkadian Empire in Mesopotamia. By analyzing paleoclimate data and archaeological evidence, the study revealed that prolonged droughts and environmental degradation played significant roles in the empire's downfall. The decline in agricultural productivity, coupled with social unrest triggered by resource scarcity, contributed to the empire's vulnerability. This research underscores the intricate relationship between environmental changes and societal adaptations in ancient civilizations, highlighting the importance of understanding how climate variability shaped historical trajectories. Moreover, the study emphasizes the need for interdisciplinary approaches that integrate paleoclimate research, archaeology, and historical records to unravel the complex dynamics of human-environment interactions in ancient societies. By elucidating the environmental factors contributing to the collapse of the Akkadian Empire, the research provides valuable insights into the vulnerability of ancient civilizations to climate change and the importance of adaptive strategies in ensuring societal resilience.

Chen (2021) analyzed land-use patterns and water management systems in ancient China, focusing on the Han Dynasty period. The study elucidated how hydraulic infrastructure, such as canals and reservoirs, facilitated agricultural expansion and urban development, contributing to the empire's prosperity. By mapping the distribution of water resources and agricultural lands, the research provided insights into how ancient societies managed their environments to sustain growing

populations and maintain social stability. This study sheds light on the role of technological innovations and institutional arrangements in mediating human-environment interactions in ancient civilizations. Additionally, the findings highlight the importance of sustainable water management practices and infrastructural investments in supporting long-term socio-economic development. By examining the resilience of ancient hydraulic systems in the face of environmental challenges, the research offers lessons for contemporary water resource management and urban planning in rapidly growing regions.

Garcia (2018) delved into the cultural dimensions of societal responses to environmental changes in pre-Columbian Mesoamerica. Drawing on indigenous knowledge systems and archaeological data, the study explored how cultural factors influenced adaptive strategies and resilience mechanisms in ancient societies. By examining practices such as terrace farming, water management, and ritual ceremonies, the research revealed the intricate ways in which cultural beliefs and values shaped human-environment interactions. This study underscores the importance of incorporating cultural perspectives into studies of environmental changes and societal adaptations, emphasizing the need for interdisciplinary approaches in archaeology and environmental studies. Furthermore, the research highlights the resilience of indigenous cultures in navigating environmental challenges and the relevance of traditional knowledge in informing contemporary sustainability practices. By recognizing the cultural dimensions of environmental change, the study contributes to a more holistic understanding of human-environment relationships in ancient civilizations and their relevance for contemporary environmental management.

Patel (2020) conducted a meticulous pollen analysis to reconstruct past vegetation patterns and human impacts on the environment in the ancient Indus Valley civilization. Through the examination of sediment cores and pollen samples from archaeological sites, the study provided insights into agricultural practices, land-use dynamics, and environmental changes in Harappan society. By deciphering shifts in vegetation cover and human-induced landscape modifications, the research shed light on the complex interactions between ancient civilizations and their environments. This study contributes to our understanding of the long-term sustainability of ancient agricultural systems and their resilience to environmental changes.

Kim (2019) investigated the relationship between climate variability and urban resilience in ancient Korea, focusing on historical records and archaeological evidence. The study revealed how cities adapted to environmental hazards such as floods, droughts, and earthquakes through resilient infrastructure and governance mechanisms. By analyzing urban planning strategies, water management systems, and disaster preparedness measures, the research provided insights into how ancient societies coped with environmental risks and maintained urban functionality. This study highlights the importance of incorporating historical perspectives into contemporary discussions of urban resilience and climate adaptation.

Nguyen (2018) explored the environmental implications of ancient trade networks in Southeast Asia, examining the impact of long-distance trade routes on land-use patterns and resource management strategies. Through archaeological surveys and historical records, the study elucidated how trade facilitated the exchange of goods, technologies, and ideas while shaping landscapes and ecosystems. By tracing the movement of commodities such as ceramics, metals, and agricultural products, the research revealed the interconnectedness of ancient societies and their reliance on natural resources. This study contributes to our understanding of the

environmental footprint of trade networks and their role in shaping socio-economic dynamics in ancient civilizations.

Oliveira (2022) delved into the socio-economic implications of deforestation in ancient Brazil, exploring the environmental consequences of indigenous land use practices and colonial expansion in the Amazon rainforest. Through interdisciplinary research combining historical ecology, archaeology, and ethnography, the study elucidated how human activities transformed landscapes and biodiversity over millennia. By analyzing the impact of European colonization on indigenous societies and forest ecosystems, the research highlighted the legacy of environmental degradation and social disruption in the region. This study underscores the importance of recognizing indigenous knowledge and traditional land management practices in contemporary efforts to promote environmental conservation and sustainable development in the Amazon.

METHODOLOGY

This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

RESULTS

Conceptual Gaps: While study by Smith (2019) and Patel (2020) have focused on understanding the impacts of climate change and environmental degradation on ancient civilizations, there is a need for further conceptual development in elucidating the mechanisms through which societal adaptations were formulated and implemented in response to these environmental changes. The study primarily emphasize the importance of interdisciplinary approaches but often lack explicit theoretical frameworks that guide the analysis of human-environment interactions in ancient civilizations. Therefore, there is a gap in theoretical development that can provide a more robust understanding of the socio-cultural, economic, and political factors influencing societal adaptations to environmental changes. Additionally, the studies predominantly focus on macro-level environmental factors such as climate variability and land-use patterns, but there is a lack of attention to micro-level processes and agency within ancient societies. Further research could explore the role of individual behaviors, social institutions, and cultural practices in mediating human-environment interactions at the local level.

Contextual Gaps: Despite the wealth of empirical research on specific ancient civilizations such as Mesopotamia, China, and Mesoamerica, there is a lack of comparative studies that systematically analyze cross-regional patterns of environmental changes and societal adaptations. Therefore, there is a gap in contextual analysis that considers the similarities and differences in environmental contexts, socio-cultural dynamics, and adaptive strategies across diverse geographical regions. Moreover, while study by Garcia (2018) emphasize the importance of incorporating cultural perspectives into research on environmental changes, there remains a gap in understanding the nuanced cultural dimensions of societal adaptations in different ancient civilizations. Further research could explore how cultural beliefs, traditions, and knowledge systems influenced environmental perceptions, resource management practices, and resilience strategies in ancient societies. Furthermore, there is limited research on the long-term trajectories of environmental changes and societal adaptations in ancient civilizations, particularly in terms of

understanding the resilience or vulnerability of these societies over time. Future studies could adopt diachronic approaches to trace the dynamics of human-environment interactions from the early stages of civilization to their eventual decline or transformation.

Geographical Gaps: While studies by Nguyen (2018) and Oliveira (2022) have examined the environmental implications of ancient trade networks and land use practices in specific regions such as Southeast Asia and Brazil, there is a lack of comprehensive cross-regional analysis that encompasses a wider range of geographical contexts. Therefore, there is a gap in geographical coverage that limits our understanding of global patterns of environmental changes and societal adaptations in ancient civilizations. Additionally, there is a need for more research on understudied regions and civilizations that have received less attention in the literature, such as ancient societies in Africa, Oceania, and North America. By expanding geographical coverage, researchers can gain a more comprehensive understanding of the diversity of human-environment interactions and adaptive strategies across different cultural and ecological contexts. Furthermore, there is a gap in research on the interaction between ancient civilizations and natural hazards such as earthquakes, volcanic eruptions, and tsunamis, particularly in regions prone to seismic activity. Future studies could explore how ancient societies perceived, mitigated, and adapted to environmental risks posed by geological phenomena, thereby enhancing our understanding of resilience strategies in the face of natural disasters.

CONCLUSION AND RECOMMENDATIONS

Conclusion

In conclusion, the study of environmental changes and societal adaptations in ancient civilizations through a cross-regional analysis provides valuable insights into the complex dynamics of human-environment interactions throughout history. The empirical research conducted on various ancient civilizations, including Mesopotamia, China, Mesoamerica, the Indus Valley, Korea, Southeast Asia, and Brazil, has shed light on the diverse strategies employed by societies to cope with environmental challenges and ensure their resilience over time. By integrating paleoclimate data, archaeological evidence, historical records, and cultural perspectives, researchers have unraveled the intricate relationship between environmental factors, cultural practices, socio-economic dynamics, and adaptive strategies in ancient societies.

However, despite significant advancements in our understanding, there remain several research gaps that warrant further investigation. Conceptually, there is a need for the development of robust theoretical frameworks that can guide interdisciplinary research on human-environment interactions in ancient civilizations. Additionally, there is a lack of comparative studies that systematically analyze cross-regional patterns of environmental changes and societal adaptations, highlighting the importance of contextual analysis in understanding the diversity of adaptive strategies across different geographical regions and cultural contexts. Furthermore, there is a gap in geographical coverage, with many regions and civilizations still understudied in the literature, necessitating broader geographical sampling to enhance our understanding of global patterns of human-environment interactions in antiquity.

Nevertheless, the empirical studies reviewed demonstrate the resilience, ingenuity, and adaptability of ancient civilizations in the face of environmental challenges, offering valuable lessons for contemporary societies grappling with similar issues. By learning from the successes and failures of past civilizations, we can inform more effective strategies for addressing current

environmental crises and building sustainable societies for the future. Therefore, continued research on environmental changes and societal adaptations in ancient civilizations is crucial not only for advancing archaeological knowledge but also for informing policy-making and environmental management practices in the present-day context.

Recommendations

The following are the recommendations based on theory, practice and policy:

Theory

Researchers should strive to develop integrated theoretical frameworks that can effectively guide interdisciplinary research on human-environment interactions in ancient civilizations. These frameworks should draw from diverse disciplines such as archaeology, environmental science, anthropology, and history to provide a comprehensive understanding of the complex dynamics at play. Theoretical frameworks should explicitly incorporate cultural perspectives to better understand how cultural beliefs, traditions, and knowledge systems influenced societal adaptations to environmental changes. By recognizing the cultural dimensions of human-environment interactions, researchers can develop more nuanced theories that capture the diversity of adaptive strategies across different ancient civilizations.

Practice

Practitioners in fields such as archaeology, environmental science, and cultural heritage management should collaborate more closely to integrate diverse perspectives and methodologies in the study of environmental changes and societal adaptations in ancient civilizations. Interdisciplinary collaboration can enhance research quality and generate more holistic insights into human-environment interactions. Practitioners should actively engage with local communities, policymakers, and stakeholders to share knowledge and co-produce research that addresses real-world challenges. By fostering dialogue and collaboration between researchers and communities, practitioners can ensure that research findings are relevant, accessible, and actionable.

Policy

Policymakers should leverage insights from research on environmental changes and societal adaptations in ancient civilizations to inform contemporary environmental policy-making. By understanding how past societies coped with environmental challenges, policymakers can identify innovative strategies for building resilience, mitigating environmental risks, and promoting sustainable development in the present-day context. Policymakers should allocate resources to support heritage conservation efforts that preserve and protect ancient civilizations and their environments. By safeguarding archaeological sites, cultural landscapes, and traditional knowledge systems, policymakers can ensure that valuable lessons from the past are preserved for future generations and contribute to cultural and environmental sustainability.

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