American Journal of Health, Medicine and Nursing Practice (AJHMN)



Intelligent Skincare: AI-Driven Cosmetic Product Recommendation Using Advanced Machine Learning Models



An Thi Phuong Nguyen, Arjina Akter

Intelligent Skincare: AI-Driven Cosmetic Product Recommendation Using Advanced Machine Learning Models

^{(D}An Thi Phuong Nguyen^{1*}, ^{(D}Arjina Akter²

¹Dermatologist, Viva Clinic, Ho Chi Minh City, Vietnam, ²Department of Public Health, Central Michigan University, Mount Pleasant, Michigan, USA



<u>Article history</u>

Submitted 10.12.2024 Revised Version Received 05.01.2025 Accepted 07.02.2025

Abstract

Purpose: This research presents an advanced AI-powered system designed to revolutionize cosmetic product selection by providing highly personalized recommendations based on individual skin characteristics.

Materials and Methods: Unlike traditional methods relying on beauty consultants or algorithm-based digital platforms, the proposed system leverages deep learning models to enhance precision, efficiency, and reliability.

Findings: At its core, the system employs state-of-the-art image recognition models, including Convolutional Neural Networks (CNN) with 92% accuracy, VGGNet at 94%, and DenseNet achieving 98%, to analyze user-uploaded skin images and identify dermatological concerns such as dryness, oiliness, and red spots. By

integrating sophisticated AI methodologies, the system generates scientifically informed recommendations across skincare, makeup, and haircare categories.

Implications to Theory, Practice and Policy: This study bridges the gap between AI and personalized skincare, offering an innovative, data-driven approach that enhances the consumer experience with evidence-based, highly tailored cosmetic guidance. Through AI-driven dermatological analysis, this research contributes to the advancement of intelligent skincare solutions, ensuring precise, effective, and scientifically backed product recommendations.

Keywords: Skincare Product,

Convolutional Neural Networks, VGGNet, DenseNet, Artificial Intelligence



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INTRODUCTION

The rapid advancements in artificial intelligence (AI) and deep learning have opened new frontiers in the cosmetic industry, enabling highly personalized skincare solutions. This study proposes an AI-driven approach to revolutionize cosmetic product recommendations by integrating cutting-edge deep learning methodologies. Through the application of state-of-the-art convolutional neural network (CNN) architectures such as VGG and DenseNet, the system conducts comprehensive image-based skin assessments, analyzing intricate dermatological features to provide scientifically informed and highly tailored cosmetic suggestions.

There has been a lot of discussion in the research community on selecting appropriate cosmetic products as it remains a challenging task for consumers due to the vast diversity of skin types and the extensive range of available skincare and beauty products. Traditional product selection methods, including consultations with beauty advisors and algorithm-based digital platforms, often lack the precision required to address individual dermatological needs effectively. With the evolution of AI technologies, particularly in image recognition and pattern analysis, there exists a significant opportunity to develop an intelligent, data-driven approach to personalized skincare. By leveraging AI-powered dermatological analysis, this study seeks to enhance the accuracy, efficiency, and reliability of cosmetic recommendations, ultimately minimizing the risk of ineffective or potentially harmful product choices.

The increasing demand for personalized skincare solutions underscores the necessity for an innovative and scientifically rigorous methodology in cosmetic recommendations. This research bridges the intersection of AI and dermatology, introducing an advanced system that evaluates skin conditions with high accuracy and generates tailored product suggestions. By combining deep learning with dermatological expertise, the proposed system aims to transform the skincare industry, providing consumers with evidence-based recommendations that optimize skin health and enhance aesthetic appeal.

This study is structured to achieve the following objectives:

- Implementation of Deep Learning Models: Deploy state-of-the-art CNN architectures, including VGG and DenseNet, to analyze high-resolution skin images, extracting and interpreting dermatological characteristics such as wrinkles, pigmentation, dryness, and other skin conditions.
- **Development of an AI-Powered Predictive Model:** Construct a robust predictive framework capable of classifying skin types and detecting dermatological concerns, forming the basis for personalized product recommendations.
- Establishment of a Comprehensive Product Database: Curate a systematically categorized repository of cosmetic products, detailing composition, intended use, and compatibility with different skin types to ensure accurate and evidence-based recommendations.

To achieve these objectives, the study employs a robust methodological framework encompassing data acquisition, model training, performance optimization, and integration of dermatological expertise. A diverse dataset of high-quality skin images, annotated by certified dermatologists, is utilized to enhance the accuracy and clinical relevance of the AI models. By training and fine-tuning VGG and DenseNet architectures, the system ensures precise classification of skin conditions and the generation of reliable product recommendations. Furthermore, collaboration with skincare professionals strengthens the credibility of the



system, ensuring that AI-generated recommendations align with established dermatological guidelines.

Beyond improving personalized skincare recommendations, this study contributes to the broader field of AI-driven dermatological research, offering innovative solutions for individualized skincare and beauty enhancement. Future advancements may incorporate realtime skin monitoring for continuous dermatological assessment, augmented reality (AR) technology for virtual cosmetic trials, and nutritional guidance to provide a holistic approach to skincare. By harnessing AI, dermatology, and consumer technology, this research underscores a transformative shift towards a data-driven beauty industry one that prioritizes personalization, enhances user engagement, and advances the efficacy and accessibility of skincare solutions.

Literature Review

The selection of skincare products is often influenced by a combination of personal preference, trial-and-error, and ingredient-based assessments. AI-driven recommendation systems have emerged as a transformative approach to enhancing product selection by systematically analyzing user feedback and ingredient frequency distributions. The implementation of the Inverse Frequency–Ingredient Product Frequency (IF-IPF) method further refines ingredient-based recommendations by identifying components strongly associated with high-efficacy product groups. This advanced methodology ensures a more targeted and personalized approach, enabling users to make informed choices that align with their unique dermatological needs and preferences. [1]

Deep learning (DL) techniques, particularly Convolutional Neural Networks (CNNs), have demonstrated significant potential in skin type classification based on facial image analysis. Studies indicate that CNN-based models can achieve an accuracy rate of approximately 85%, though certain biases, such as an overrepresentation of oily skin types, highlight areas for further refinement. Expanding training datasets and fine-tuning model parameters could mitigate classification biases and enhance accuracy, reinforcing the robustness of deep learning in dermatological applications. These findings underscore the potential of AI-driven skin analysis to surpass traditional, subjective methods in precision and reliability. [2]

Machine Learning (ML) and Natural Language Processing (NLP) techniques have also been applied to cosmetic recommendation systems, allowing for an in-depth analysis of ingredient compositions in skincare and beauty products. AI-based models extract key ingredient data to identify effective formulations tailored to diverse user attributes. Additionally, the integration of scatter plot visualizations enhances user comprehension by illustrating relationships between various cosmetic items, enabling data-driven decision-making. This innovative approach bridges the gap between consumer preferences and product efficacy, streamlining the selection process while improving user engagement and satisfaction. [3]

AI-driven technologies have played a pivotal role in revolutionizing cosmetic dermatology, facilitating advancements in product development, skin assessment, diagnostic accuracy, treatment planning, and predictive modeling for clinical outcomes. A systematic review of existing literature highlights emerging trends and methodologies that contribute to the evolution of intelligent dermatological solutions. By integrating AI, augmented reality (AR), and deep learning, modern skincare platforms provide a seamless and immersive experience for users, enhancing real-time experimentation with different skincare and makeup options. [4]



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A notable innovation in this domain is the Virtual Makeover and Makeup Recommendation System, which combines AR technology with deep learning algorithms to provide interactive and personalized experiences. This system enables users to experiment with various makeup styles in real time, offering AI-driven recommendations that enhance decision-making and streamline the product selection process. By reducing product wastage and the inefficiencies associated with traditional trial-and-error methods, such technologies contribute to a more sustainable and user-centric beauty industry. [5]

The integration of deep learning within cosmetic recommendation systems has significantly optimized predictive analytics, particularly in analyzing product compositions and their suitability for different skin types. AI-driven algorithms can efficiently process large datasets, encompassing both structured and unstructured data, to generate highly individualized skincare recommendations. As the beauty industry continues to embrace data-driven innovation, AI technologies are playing a crucial role in refining product formulations, improving supply chain management, and aligning cosmetic solutions with personalized skincare needs. [7]

Furthermore, AI-powered cosmetic recommendation systems have been increasingly incorporated within social media-driven environments, leveraging user-generated content to enhance the personalization of product suggestions. The systematic design and implementation of these systems involve data acquisition, preprocessing, model training, and performance evaluation to ensure accuracy and efficiency. By employing methodologically rigorous AI techniques, these advancements contribute to a more intelligent, consumer-focused approach to beauty and skincare. [8]

One widely used technique in AI-powered recommendations is the Term Frequency-Inverse Document Frequency (TF-IDF) model, an unsupervised collaborative filtering (CF) technique. Evaluated through manual testing, this model has proven effective in generating highly personalized recommendations for natural beauty treatments. The development of AI-driven remedy recommendation systems allows for precise and customized cosmetic suggestions tailored to individual skincare needs, significantly improving the overall user experience. [10]

Finally, the use of convolutional neural networks in skin type classification continues to evolve, offering promising results in personalized skincare solutions. By leveraging AI-driven methodologies, the proposed system enhances user confidence in skincare product selection, streamlining the decision-making process while ensuring scientifically validated recommendations. As machine learning continues to advance, the integration of AI in dermatology and cosmetic applications will further refine skincare personalization, paving the way for more adaptive, precise, and user-centric beauty solutions.

MATERIALS AND METHODS

The fundamental objective of this research is to explicitly delineate the aims of the project, emphasizing the development of an artificial intelligence (AI)-driven system capable of providing highly personalized cosmetic recommendations. This is achieved through the sophisticated analysis of users' skin conditions, utilizing state-of-the-art deep learning techniques to enhance diagnostic accuracy and recommendation precision.

A clear and well-defined scope is essential to ensure the systematic implementation of the project. The scope encompasses the identification of the target demographic, classification of skin conditions to be analyzed, and categorization of cosmetic products to be recommended. Establishing these boundaries ensures that the system remains focused and effectively addresses the specific needs of the intended users.

https://doi.org/10.47672/ajhmn.2621



A comprehensive requirement analysis is conducted to ascertain both the technical and usercentric specifications necessary for the successful implementation of the system. This entails defining the system's functional capabilities, outlining user interface (UI) design principles, ensuring compliance with data protection regulations, and establishing performance benchmarks. The analysis also includes considerations for scalability and future enhancements to maintain system relevance.

Dataset Acquisition and Preprocessing

To ensure robustness and accuracy in dermatological assessment, an extensive dataset of skin images is curated, encompassing diverse skin types, conditions, and severity levels. Collaboration with dermatologists and skincare professionals is undertaken to facilitate precise annotation and labeling of these images, thereby enhancing the dataset's clinical reliability.

Standardization techniques are applied to refine and optimize the collected images for further analysis. These preprocessing steps include image resizing to maintain uniform dimensions, normalization to counteract variations in lighting and contrast, and data augmentation strategies to improve model generalization. Such preprocessing measures are instrumental in optimizing the efficiency and accuracy of AI model training.

A comprehensive and meticulously structured cosmetic database is established, encompassing essential product attributes such as ingredient composition, suitability for specific skin types, dermatological benefits, and user-generated feedback. This structured repository facilitates seamless querying and efficient retrieval of relevant product recommendations based on AI-generated skin condition assessments.

Model Selection and Training

The selection of suitable AI models is critical to achieving high-precision dermatological analysis. Convolutional Neural Networks (CNN), VGGNet, and DenseNet are chosen due to their demonstrated efficacy in image-based classification tasks. These architectures are specifically tailored to extract complex dermatological features, ensuring a comprehensive and accurate assessment of skin conditions.

Each selected model undergoes independent training using the preprocessed dataset. Transfer learning techniques are employed, leveraging pre-trained models fine-tuned for dermatological image analysis. These techniques enhance model performance while optimizing computational efficiency. The iterative training process ensures that the models are refined to accurately detect and classify a wide range of skin conditions.

A unified AI-driven analysis engine is developed to integrate insights derived from CNN, VGGNet, and DenseNet. This integration allows for a synergistic evaluation of skin conditions, wherein outputs from multiple models are synthesized to enhance diagnostic precision and ensure a holistic skin assessment framework.

Convolutional Neural Network (CNN) Model

A pre-trained CNN model, initially trained on the ImageNet dataset, is fine-tuned using dermatologically diverse datasets. This enhances its capacity to detect general skin health indicators and classify prevalent dermatological conditions with high precision.



VGGNet Model

VGGNet is employed to perform intricate feature extraction, leveraging its deep architecture for high-resolution dermatological analysis. The model is fine-tuned to enhance its ability to recognize complex skin patterns, enabling precise classification of various skin conditions.

DenseNet Model

DenseNet is incorporated due to its superior feature propagation and efficient parameter utilization, ensuring optimal classification accuracy. The model's dense connectivity structure facilitates enhanced feature reuse, significantly improving diagnostic precision in dermatological assessments.

FINDINGS

The efficacy of the machine learning models was systematically assessed using a confusion matrix, a crucial tool for visualizing the distribution of correct and incorrect classifications. This analytical framework offers a detailed breakdown of model performance by presenting the frequency of true positive (TP), true negative (TN), false positive (FP), and false negative (FN) predictions.

Several essential performance metrics, including accuracy, precision, recall, and F1-score, were derived from the confusion matrix to provide a comprehensive evaluation of the classifier's effectiveness. These metrics serve as fundamental indicators of the model's ability to generalize across different skin conditions, thereby identifying potential areas for refinement and optimization. A strong diagonal dominance within the confusion matrix signifies a high degree of correct classifications, demonstrating the model's proficiency in accurately identifying various dermatological conditions. Conversely, misclassifications represented by off-diagonal elements reveal instances where predictions deviated from actual labels. The analysis of these misclassifications offers valuable insights into the model's specific weaknesses, particularly in cases involving false positives and false negatives, thereby guiding future improvements aimed at enhancing diagnostic accuracy.

	DenseNet		CNN			VGG	VGG	r J	
	Accuracy	Precision	Recall	Accuracy	Precision	Recall	Accuracy	Precision	Recall
Normal Skin	.97	.93	.98	.92	.90	.94	.94	.88	.95
Dry Skin		.96	.95		.89	.91		.96	.80
Oily Skin		.90	.97		.95	.92		.78	.87

Table 1: Comparative Performances

A comparative examination of the confusion matrices reveals that the DenseNet architecture outperforms the other models in terms of overall classification accuracy. This superior performance is attributed to DenseNet's efficient feature propagation and reuse mechanisms, which enhance the model's ability to learn intricate dermatological patterns. Specifically, DenseNet demonstrates exceptional accuracy in identifying normal skin and dry skin, outperforming its counterparts, VGG-16 and CNN, in these categories.



	DenseNet				
	Accuracy	Precision	Recall		
Normal Skin	.98	.93	.99		
Dry Skin		.97	.95		
Oily Skin		.96	.90		

Table 2: DenseNet Results Based on Hyperparameter Tuning

While all models exhibit satisfactory performance, further hyperparameter tuning have been performed on DenseNet model using growth rate, number of dense blocks and number of layers per dense block. The results from the hyperparameter tuned model demonstrate even better performance with an accuracy of 98%.

Conclusion

This research presents a pioneering AI-driven cosmetic recommendation system designed to revolutionize skincare personalization by leveraging advanced image processing and deep learning methodologies. The integration of sophisticated machine learning algorithms, particularly Convolutional Neural Networks (CNN), VGG-16, and DenseNet, enables the precise analysis of diverse skin conditions, thereby facilitating tailored cosmetic product recommendations based on individual dermatological profiles.

The proposed system successfully bridges the existing gap between consumers and personalized skincare solutions, thereby transforming the digital skincare landscape. Empirical results demonstrate that CNN achieved an accuracy of 92%, VGG-16 reached 94%, and DenseNet exhibited superior performance with an impressive 97% accuracy. The hyperparameter tuned DenseNet model demonstrates even better performance with an accuracy of 98%.

In conclusion, this AI-powered recommendation system presents a highly effective and innovative solution to the longstanding challenge of selecting suitable skincare products. By empowering consumers with data-driven insights and precise dermatological analysis, the system enhances skincare efficacy while fostering increased consumer engagement. As a transformative tool in the cosmetic and dermatological industries, this system holds substantial promise for future advancements, ensuring that skincare recommendations remain personalized, evidence-based, and continuously optimized for superior user outcomes. American Journal of Health, Medicine and Nursing Practice

ISSN 2520-4017 (Online) Vol.11, Issue 1, pp 6 – 14, 2025



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American Journal of Health, Medicine and Nursing Practice

ISSN 2520-4017 (Online) Vol.11, Issue 1, pp 6 – 14, 2025



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