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## Effect of Flipped Classroom Models on University Students' Critical Thinking Skills in Korea

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### Abstract

**Purpose:** The aim of the study was to assess the effect of flipped classroom models on university students' critical thinking skills in Korea.

**Methodology:** This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

**Findings:** The study found that this pedagogical approach, which reverses traditional teaching methods by delivering content outside of class and using class time for active learning and problem-solving, can significantly enhance critical thinking abilities. Studies have shown that students exposed to flipped classrooms demonstrate improved analytical thinking, deeper engagement with course material, and better problem-solving skills compared to those in traditional lecture-based settings. By encouraging students to take responsibility for their learning through pre-class activities and fostering interactive discussions during class sessions, the flipped classroom cultivates higher-order thinking skills essential for academic success and

professional development. Moreover, the model promotes collaborative learning environments where students can exchange ideas and perspectives, further enriching their cognitive development and ability to critically evaluate information and arguments. These findings underscore the flipped classroom's potential to effectively enhance university students' critical thinking skills, preparing them more comprehensively for challenges both within and beyond academia.

**Implications to Theory, Practice and Policy:** Cognitive load theory, social constructivism and active learning theory may be used to anchor future studies on assessing the effect of flipped classroom models on university students' critical thinking skills in Korea. In practice, educators are encouraged to integrate more interactive and problem-solving activities within flipped classrooms to promote critical thinking skills. At the policy level, it is essential to advocate for professional development programs that train educators in effective instructional strategies within flipped classrooms, specifically targeting critical thinking skill development.

**Keywords:** *Flipped Classroom Models, University Students', Critical Thinking Skills*

## INTRODUCTION

The flipped classroom model has emerged as a transformative approach in higher education, fundamentally redefining traditional teaching methods. In developed economies such as the USA, critical thinking skills have been rigorously assessed and tracked over the years. A comprehensive study conducted by Smith and Jones (2018) analyzed critical thinking scores among undergraduate students in the USA over a five-year period, revealing a notable 15% increase in these skills. This upward trend not only reflects the efficacy of educational strategies but also highlights the growing recognition of critical thinking as a fundamental skill for academic success and workforce readiness. Moreover, project evaluations in countries like the UK showcase a concerted effort to embed critical thinking components within educational frameworks. Feedback from employers in the UK consistently emphasizes the value of critical thinking abilities, underlining their significance in navigating complex challenges in professional settings.

Transitioning to developing economies like India, the evolution of critical thinking skills among students is evident. Patel and Kumar (2020) demonstrated a commendable 12% rise in critical thinking scores among secondary school students in India over a three-year period. This positive trajectory not only signifies educational enhancements but also suggests a broader societal acknowledgment of the role critical thinking plays in fostering innovation and problem-solving capacities. Similarly, in Japan, project evaluations reflect a strategic shift towards fostering critical thinking abilities among students. The Japanese Ministry of Education's data, indicating a 20% increase in critical thinking integration within school projects over the past decade, underscores a deliberate focus on nurturing these skills to prepare students for the complexities of a rapidly evolving global landscape.

Moving to South America, critical thinking skills have been a focal point in countries like Argentina. Research by Rodriguez and Martinez (2019) documented a notable 12% enhancement in critical thinking scores among university students in Argentina within a four-year timeframe. This progress underscores the region's commitment to nurturing a culture of critical inquiry and independent thinking, crucial for fostering innovation and driving socio-economic development. Project evaluations in Brazil further reinforce this trend, showing a 21% increase in the utilization of critical thinking methodologies in student projects, reflecting an ongoing educational transformation towards higher-order thinking skills.

Transitioning to Eastern Europe, critical thinking skills have been gaining prominence in countries like Poland. Research by Kowalczyk and Nowak (2020) demonstrated a 10% enhancement in critical thinking scores among secondary school students in Poland within a five-year timeframe. This progress signifies a deliberate integration of critical thinking pedagogies into the education system, aimed at preparing students for the complexities of a rapidly changing global landscape. Project evaluations in Ukraine further corroborate this trend, with a 18% increase in the incorporation of critical thinking strategies in academic projects, highlighting a comprehensive approach to developing higher-order cognitive skills among students.

In Latin American countries like Brazil, critical thinking assessments have revealed a growing emphasis on these skills in educational settings. A study by Silva, Santos & Oliveira (2022) observed a 17% increase in critical thinking scores among high school students in Brazil over a span of five years. This improvement signifies a concerted effort to incorporate critical thinking into the curriculum, aligning with global educational standards aimed at equipping students with

the analytical tools necessary for success in higher education and the workforce. Project evaluations in Mexico also highlight a similar trajectory, with a 20% rise in the integration of critical thinking components in academic projects, indicating a proactive approach to nurturing cognitive skills among students.

Moving to Southeast Asia, critical thinking skills have been a focal point in countries like Vietnam. Research by Nguyen and Tran (2019) documented a significant 14% enhancement in critical thinking scores among university students in Vietnam within a three-year period. This progress underscores the region's commitment to fostering a culture of critical inquiry and problem-solving, essential for addressing complex societal challenges and driving economic development. Project evaluations in Indonesia further reinforce this trend, showcasing a 22% increase in the incorporation of critical thinking methodologies in student projects, reflecting a broader educational shift towards cultivating higher-order thinking skills.

In the Middle East, countries like Egypt have shown a noticeable improvement in critical thinking skills among students. A study conducted by Hassan and Ali (2021) revealed a 13% increase in critical thinking scores among college students in Egypt over a four-year period. This positive trend reflects concerted efforts within the education sector to promote analytical thinking and problem-solving abilities, aligning with global best practices in fostering cognitive development. Project evaluations in Jordan also indicate a growing emphasis on critical thinking, with a 16% rise in the utilization of critical thinking frameworks in student projects, showcasing a shift towards more holistic learning approaches.

In the African region, countries like Kenya have shown significant strides in enhancing critical thinking skills among students. A study by Mwangi and Kamau (2023) reported a 15% increase in critical thinking scores among secondary school students in Kenya over a five-year period. This improvement reflects targeted interventions within the education sector to promote analytical reasoning and problem-solving capabilities, essential for navigating complex challenges in a globalized world. Project evaluations in Ghana also highlight a similar trend, with a 19% rise in the integration of critical thinking components in student projects, demonstrating a holistic approach to fostering cognitive skills among learners.

Turning our attention to Sub-Saharan economies like Nigeria, the emphasis on enhancing critical thinking skills is becoming increasingly pronounced. Adeleke (2019) highlighted a significant 10% uptick in critical thinking scores among university students in Nigeria within a span of four years, indicative of targeted interventions to strengthen cognitive capabilities. Project evaluations in countries such as South Africa further exemplify innovative approaches to cultivating critical thinking. Ndlovu, Moyo & Dlamini (2021) reported a notable 25% increase in the utilization of problem-solving methodologies in student projects, underscoring a transformative shift towards nurturing analytical thinking and creative problem-solving skills among the youth. These trends collectively signify a global recognition of critical thinking as a cornerstone for personal development, educational advancement, and economic growth across diverse economies.

The flipped classroom model, where students review content at home and engage in interactive activities in class, offers several potential uses that can significantly enhance critical thinking skills. Firstly, utilizing the flipped classroom for collaborative problem-solving sessions fosters critical thinking by encouraging students to apply knowledge gained at home to real-world scenarios during class time (Johnson, 2019). This approach enables students to engage in

meaningful discussions, analyze multiple perspectives, and develop solutions collaboratively, thus honing their analytical and evaluative skills. Secondly, integrating case studies and simulations into the flipped classroom model provides students with opportunities to apply theoretical concepts to practical situations, promoting higher-order thinking and decision-making abilities (Smith, 2020). By grappling with complex scenarios and actively participating in problem-solving activities, students develop a deeper understanding of the subject matter and cultivate their ability to think critically.

Moreover, the flipped classroom can be used to promote inquiry-based learning, where students explore topics independently at home and then engage in inquiry-based discussions and experiments in class (Brown, 2021). This approach encourages curiosity, information synthesis, and hypothesis testing, all of which are essential components of critical thinking. Additionally, incorporating peer review and feedback sessions within the flipped classroom framework encourages students to critically assess and constructively critique their peers' work, fostering a culture of constructive criticism and continuous improvement (Garcia, 2018). These peer interactions not only enhance students' critical thinking skills but also promote communication and collaboration, essential skills for success in various academic and professional contexts.

### **Problem Statement**

The flipped classroom model has gained popularity in higher education as a pedagogical approach that shifts the traditional lecture-based format by having students review content outside of class and engage in interactive activities during class time (Brown, 2021; Johnson, 2019). While there is substantial anecdotal evidence and some research supporting the effectiveness of flipped classrooms in promoting active learning and student engagement, there is a gap in understanding the specific impact of this model on university students' critical thinking skills (Smith, 2020). Critical thinking is a crucial competency for students, enabling them to analyze information, make reasoned judgments, and solve complex problems effectively (Garcia, 2018). However, the extent to which flipped classroom models contribute to the development of these skills remains underexplored in recent literature (Brown, 2021).

Despite the growing adoption of flipped classrooms in higher education, there is a need for empirical research to assess the direct influence of this instructional approach on university students' critical thinking abilities (Johnson, 2019). Understanding the effect of flipped classroom models on critical thinking skills is essential for educators and institutions seeking evidence-based strategies to enhance student learning outcomes and prepare students for success in diverse academic and professional contexts (Smith, 2020). Therefore, this study aims to investigate the impact of flipped classroom models on university students' critical thinking skills, filling a significant gap in the existing literature and providing valuable insights for educational practice and policy (Garcia, 2018).

### **Theoretical Framework**

#### **Cognitive Load Theory**

Originated by John Sweller, Cognitive Load Theory posits that learners have a limited capacity to process information, and instructional design should aim to manage cognitive load effectively to optimize learning outcomes (Kirschner, Sweller & Clark, 2018). In the context of the effect of flipped classroom models on critical thinking skills, this theory is relevant because it emphasizes

the importance of structuring learning activities in a way that reduces extraneous cognitive load, allowing students to focus more on complex thinking tasks during in-class activities.

### **Social Constructivism**

Developed by Lev Vygotsky, Social Constructivism emphasizes the role of social interactions and collaborative learning in constructing knowledge and promoting higher-order thinking skills (Ozturk, 2021). This theory is pertinent to the study of flipped classrooms and critical thinking skills as it highlights the value of interactive and discussion-based activities in class, which are central components of the flipped classroom model. The collaborative nature of flipped classrooms can facilitate knowledge construction and the development of critical thinking abilities.

### **Active Learning Theory**

Active Learning Theory suggests that students learn better when they are actively engaged in the learning process through hands-on activities, discussions, and problem-solving tasks (Freeman, 2014). In the context of flipped classrooms and critical thinking skills, this theory is significant because it underscores the importance of engaging students in meaningful activities during class time, which is a key aspect of the flipped classroom approach. By promoting active learning strategies, flipped classrooms can enhance students' critical thinking abilities.

### **Empirical Review**

Johnson (2018) aimed at enhancing critical thinking skills through flipped classroom models. The purpose of the study was to evaluate the impact of this innovative pedagogical approach on university students' analytical reasoning and problem-solving abilities. Employing a combination of pre-and post-test assessments, qualitative interviews, and classroom observations, the study sought to gather comprehensive data on students' cognitive development within the flipped classroom environment. Findings from the study revealed a significant improvement in critical thinking scores among students who experienced the flipped classroom model. Specifically, students exhibited higher levels of analytical reasoning, effective problem-solving strategies, and a deeper understanding of course material. These results were indicative of the positive influence of flipped classroom strategies on critical thinking development. Recommendations stemming from the study emphasized the importance of integrating interactive activities and collaborative learning strategies within flipped classrooms to further enhance critical thinking skills among university students. The study contributed valuable insights into the potential benefits of flipped classroom models in promoting higher-order thinking skills and fostering a more engaging and interactive learning environment.

Smith (2019) conducted a rigorous randomized controlled trial to compare the effectiveness of traditional lectures with flipped classrooms in developing critical thinking skills among university students. The primary objective of the study was to assess the gains in critical thinking scores among students exposed to these different instructional approaches. Through meticulous methodology, including pre-and post-test assessments, the study found compelling evidence supporting the efficacy of flipped classroom models in fostering critical thinking development. Specifically, students in the flipped classroom group demonstrated significantly higher improvements in critical thinking scores compared to those in the traditional lecture group. These findings underscored the potential of flipped classroom strategies to enhance critical thinking abilities among university students. The study recommended the widespread adoption of flipped

classroom models in higher education settings to optimize critical thinking outcomes and promote deeper learning experiences.

Garcia (2021) delved into the role of technology integration within flipped classrooms and its influence on critical thinking skills. This qualitative study aimed to explore student and instructor perceptions regarding technology-enhanced flipped classrooms and their impact on critical thinking development. Through surveys, focus group discussions, and in-depth interviews, the study provided valuable insights into the synergistic relationship between technology integration and critical thinking enhancement. Findings from the study revealed that technology integration, such as interactive multimedia materials and online discussions, positively contributed to students' critical thinking abilities within the flipped classroom environment. The study highlighted the importance of leveraging technology to create engaging and interactive learning environments that foster critical thinking skills among university students. Recommendations stemming from the study included continued investment in technological resources and instructor training to maximize the benefits of flipped classrooms in promoting critical thinking skills and enhancing overall learning outcomes.

Brown (2020) investigated the long-term effects of flipped classroom models on sustained critical thinking skills retention among university students. The primary objective of the study was to assess whether the gains in critical thinking abilities observed immediately after the flipped classroom interventions were maintained over time. Through meticulous follow-up assessments at regular intervals, the study provided insights into the lasting impact of flipped classroom strategies on critical thinking development. Findings from the study indicated that students retained and continued to improve their critical thinking skills even months after the completion of flipped classroom interventions. These findings underscored the enduring benefits of flipped classroom models in fostering critical thinking abilities among university students. Recommendations stemming from the study included the importance of ongoing reinforcement and practice to maintain and further enhance critical thinking skills in educational settings.

Nguyen (2018) explored the perceptions and experiences of students and instructors regarding flipped classroom models and their impact on critical thinking skills. This qualitative study aimed to gather in-depth insights and perspectives through interviews, focus group discussions, and qualitative analysis. Findings from the study revealed positive perceptions from both students and instructors regarding the effectiveness of flipped classrooms in promoting critical thinking abilities. The study contributed valuable insights into the subjective experiences and perspectives surrounding flipped classroom models and their potential impact on critical thinking development. Recommendations from the study included further research on specific instructional strategies within flipped classrooms that contribute most significantly to critical thinking development.

Kim (2022) conducted a comparative analysis of flipped classroom implementations across various disciplines to assess their effects on critical thinking skills. The study aimed to identify discipline-specific variations in the effectiveness of flipped classrooms in fostering critical thinking abilities among university students. Through rigorous comparative analysis and statistical methodologies, the study provided insights into the discipline-specific effects of flipped classrooms on critical thinking development. Findings from the study indicated that different academic subjects showed varying degrees of improvement in critical thinking outcomes within flipped classroom environments. Recommendations included tailoring flipped classroom

strategies to align with the specific learning objectives and cognitive demands of different disciplines for optimal results.

Martinez (2023) investigated the interaction effects of student engagement levels and instructional design within flipped classrooms on critical thinking skills. The study aimed to understand how student engagement and well-designed instructional activities within flipped classrooms impact critical thinking outcomes among university students. Through quantitative analysis, classroom observations, and critical thinking assessments, the study provided valuable insights into the complex interplay between student engagement, instructional design, and critical thinking development within flipped classrooms. Findings from the study indicated a positive correlation between high levels of student engagement and effective instructional design within flipped classrooms, leading to enhanced critical thinking skills among university students. Recommendations stemming from the study emphasized the importance of creating engaging and interactive learning environments within flipped classrooms to maximize critical thinking development.

## METHODOLOGY

This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

## RESULTS

**Conceptual Gap:** While the studies by Nguyen (2018) collectively showcase the positive influence of flipped classroom models on critical thinking development, there is a need for further conceptual exploration into the underlying mechanisms driving this relationship. Specifically, understanding the cognitive processes and learning strategies that are most effectively facilitated by flipped classrooms to enhance critical thinking skills would be beneficial. For example, investigating how the active engagement and collaborative learning aspects of flipped classrooms contribute to higher-order thinking abilities could provide deeper insights into the conceptual framework of this instructional approach.

**Contextual Gap:** The existing studies by Kim (2022) primarily focus on university-level education, leaving a gap in understanding the applicability and effectiveness of flipped classroom models in other educational contexts, such as K-12 or professional development settings. Exploring how flipped classrooms can be tailored and adapted to different educational levels and subject areas while still promoting critical thinking skills would enrich the contextual understanding of this pedagogical approach.

**Geographical Gap:** The majority of the studies discussed are from developed economies or regions with well-established educational infrastructures (Martinez, 2023). There is a need for research that examines the implementation and outcomes of flipped classroom models in diverse geographical contexts, including developing economies or regions with varying levels of technological access and educational resources. Understanding how contextual factors influence the effectiveness of flipped classrooms in fostering critical thinking skills across different



geographical settings would contribute to a more comprehensive understanding of its global applicability.

## **CONCLUSION AND RECOMMENDATIONS**

### **Conclusion**

The effect of flipped classroom models on university students' critical thinking skills is a topic of growing interest and significance in educational research. Through a review of empirical studies and scholarly investigations, it becomes evident that flipped classroom models have a positive impact on enhancing critical thinking abilities among university students. These models, characterized by the reversal of traditional lecture-based instruction with pre-class content review and in-class interactive activities, offer a dynamic learning environment conducive to higher-order thinking.

The studies discussed highlight several key findings regarding the effect of flipped classrooms on critical thinking. They demonstrate that students exposed to flipped classroom models exhibit higher levels of analytical reasoning, effective problem-solving strategies, and a deeper understanding of course material. Additionally, findings indicate that flipped classroom strategies lead to significant improvements in critical thinking scores compared to traditional lecture-based approaches.

Moreover, the integration of technology-enhanced resources within flipped classrooms further enhances critical thinking skills, as interactive multimedia materials and online discussions contribute positively to students' cognitive development. Longitudinal studies also show that the benefits of flipped classrooms on critical thinking skills are sustained over time, indicating the enduring impact of this instructional approach.

In conclusion, the body of research supports the assertion that flipped classroom models are effective in fostering critical thinking skills among university students. The findings underscore the importance of interactive and collaborative learning environments in promoting higher-order thinking abilities and preparing students for success in diverse academic and professional contexts. As educators continue to explore innovative pedagogical methods, the role of flipped classrooms in enhancing critical thinking remains a promising avenue for future research and educational practice.

### **Recommendations**

The following are the recommendations based on theory, practice and policy:

#### **Theory**

Further research is recommended to delve into the underlying cognitive processes and learning strategies facilitated by flipped classrooms, contributing to enhanced critical thinking skills among university students. This research should aim to understand how active engagement, collaborative learning, and metacognitive strategies within flipped classroom environments influence critical thinking development. By exploring these theoretical aspects, educators and researchers can gain deeper insights into the mechanisms driving critical thinking enhancement in flipped classrooms, thus advancing theoretical frameworks related to cognitive development in educational settings.

### **Practice**

In practice, educators are encouraged to integrate more interactive and problem-solving activities within flipped classrooms to promote critical thinking skills. This includes incorporating case studies, simulations, group projects, and other hands-on learning experiences that require students to analyze, evaluate, and synthesize information. Additionally, leveraging technology-enhanced resources such as interactive multimedia materials, online discussions, and virtual labs can create engaging and interactive learning environments that foster critical thinking development. By implementing these practices, educators can provide students with practical opportunities to apply critical thinking skills in real-world scenarios, enhancing their overall learning experience.

### **Policy**

At the policy level, it is essential to advocate for professional development programs that train educators in effective instructional strategies within flipped classrooms, specifically targeting critical thinking skill development. Institutions should offer workshops, seminars, and ongoing support to help educators design and implement flipped classroom activities that promote critical thinking. Moreover, ensuring adequate technological resources, infrastructure, and institutional support for flipped classroom initiatives is crucial. This includes providing access to online platforms, multimedia tools, and training not only for educators but also for students to navigate and engage effectively in flipped classroom environments. By addressing these policy considerations, educational institutions can create a conducive environment for the successful adoption and implementation of flipped classroom models that enhance critical thinking skills among university students.

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