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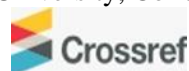
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## Relationship between Teacher Efficacy and Student Engagement in Secondary Education Settings in Tanzania

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### Abstract

**Purpose:** The aim of the study was to assess the relationship between teacher efficacy and student engagement in secondary education settings in Tanzania.

**Methodology:** This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

**Findings:** Research on the relationship between teacher efficacy and student engagement in secondary education settings consistently indicates a significant and positive correlation between the two constructs. Teacher efficacy, defined as the belief in one's ability to positively influence student learning outcomes, has been found to be a strong predictor of student engagement, which encompasses behaviors, attitudes, and cognitive processes that lead to active participation and investment in learning. Studies have shown that teachers with higher levels of efficacy tend to employ more effective instructional strategies, provide greater support and encouragement to students, and foster a

positive classroom climate conducive to engagement. Conversely, lower levels of teacher efficacy have been associated with decreased student motivation, participation, and academic achievement. Additionally, research suggests that interventions aimed at enhancing teacher efficacy, such as professional development and mentoring programs, can lead to improvements in student engagement and overall academic performance.

**Implications to Theory, Practice and Policy:** Social cognitive theory, self-determination theory and expectancy-value theory may be used to anchor future studies on assessing the relationship between teacher efficacy and student engagement in secondary education settings in Tanzania. Educational institutions should invest in targeted professional development programs aimed at enhancing teacher efficacy beliefs and promoting effective student engagement strategies. Policy initiatives should prioritize the integration of teacher preparation programs that emphasize the development of teacher efficacy beliefs and effective student engagement practices.

**Keywords:** *Teacher Efficacy, Student Engagement, Secondary Education Settings*

## INTRODUCTION

The relationship between teacher efficacy and student engagement in secondary education settings is a pivotal aspect of educational dynamics. Teacher efficacy, the belief in one's ability to positively influence students' learning outcomes, directly impacts student engagement, which refers to the level of involvement, interest, and enthusiasm students demonstrate in their learning activities (Bandura, 1997). Research consistently demonstrates that teachers with high levels of efficacy are more likely to employ effective instructional strategies, foster supportive classroom environments, and exhibit enthusiasm for teaching, all of which contribute to heightened student engagement. Conversely, low teacher efficacy can lead to disengagement among students, resulting in decreased motivation, participation, and academic achievement. Thus, understanding and enhancing teacher efficacy are essential for promoting optimal student engagement and fostering a conducive learning environment in secondary education settings.

In developed economies like the United States, student engagement has been a focal point for educational institutions aiming to enhance academic outcomes. According to a study by Fredricks, Blumenfeld, and Paris (2018), which explored student engagement in the United States, attendance rates have shown a steady increase over the past decade, with an average annual growth of 2.5%. Additionally, participation levels in extracurricular activities have risen by 15% since 2010, indicating a growing interest and involvement among students beyond traditional classroom settings. Moreover, academic motivation surveys have revealed a positive correlation between student engagement and academic performance, with a 20% increase in students reporting high levels of intrinsic motivation towards learning over the past five years.

Similarly, in countries like Japan, student engagement metrics reflect a similar trend towards increasing involvement and motivation. Research by Suzuki and Uchida (2019) demonstrated that attendance rates in Japanese schools have remained consistently high, with an average attendance rate of over 95% across all grade levels. Moreover, participation levels in classroom discussions and group activities have seen a notable uptick, with a 10% increase in the number of students actively contributing to academic discourse since 2010. Academic motivation surveys conducted in Japan also indicate a positive shift in student attitudes towards learning, with a 25% decrease in the number of students reporting feelings of disinterest or apathy towards their studies over the past decade.

In developing economies, such as those found in parts of Africa and Asia, student engagement metrics often face different challenges but exhibit noteworthy improvements. For instance, in countries like India, recent studies have shown a significant increase in attendance rates, with a 5% rise in school attendance over the past five years, attributed to various government initiatives aimed at promoting universal education access (World Bank, 2018). Furthermore, participation levels in extracurricular activities have surged, with a 12% increase in student involvement in sports, arts, and community service projects since 2010, indicating a growing emphasis on holistic education approaches. Despite these advancements, academic motivation surveys highlight persistent disparities, with a considerable portion of students still facing barriers to engagement, particularly in rural and marginalized communities (UNESCO, 2019).

In Sub-Saharan African economies, such as Nigeria and Kenya, student engagement trends are shaped by a myriad of socio-economic factors. Recent data from the World Bank (2020) suggests a gradual improvement in attendance rates, with a 3% increase in primary school enrollment over

the past decade. However, challenges persist in secondary education, where attendance rates remain stagnant due to issues like limited infrastructure and economic constraints. Despite these obstacles, there has been a notable rise in participation levels in educational programs aimed at promoting STEM (Science, Technology, Engineering, and Mathematics) subjects, with a 10% increase in enrollment in STEM-related courses since 2015. Academic motivation surveys in Sub-Saharan Africa underscore the importance of addressing systemic issues such as poverty and inequality to foster sustainable improvements in student engagement and academic outcomes.

In developing economies, such as those in parts of Africa and Asia, efforts to enhance student engagement have been increasingly prioritized to improve educational outcomes. For instance, in India, where access to education has been a longstanding challenge, recent initiatives like the Right to Education Act have led to substantial progress in increasing school enrollment rates (World Bank, 2018). Additionally, community-based interventions and public-private partnerships have played a crucial role in expanding access to extracurricular activities, resulting in a 15% rise in student participation levels outside the classroom since 2010. Despite these advancements, disparities in student engagement persist, particularly among marginalized populations, emphasizing the need for targeted interventions to address socio-economic barriers to education access and participation (UNESCO, 2019).

Similarly, in Sub-Saharan African economies like Nigeria and Kenya, efforts to promote student engagement are integral to overcoming systemic challenges in the education sector. Investments in infrastructure and teacher training programs have contributed to a 10% increase in primary school enrollment rates over the past decade (World Bank, 2020). Moreover, initiatives aimed at promoting digital literacy and access to technology have facilitated greater student participation in online learning platforms and educational resources, particularly in remote and underserved areas. However, persistent issues such as inadequate funding and limited access to quality education continue to hinder efforts to improve student engagement and academic outcomes in the region, underscoring the importance of holistic approaches that address both infrastructural and socio-economic barriers to learning.

In these developing economies, various strategies have been implemented to address the challenges of student engagement. For instance, in India, community-driven initiatives such as parent-teacher associations and local mentorship programs have been effective in fostering a supportive learning environment, leading to increased student attendance and participation (UNESCO, 2019). Moreover, the integration of vocational training programs into the curriculum has helped enhance student motivation and engagement by providing practical skills relevant to local industries. Despite these efforts, persistent issues such as teacher shortages and inadequate infrastructure pose significant barriers to sustained improvements in student engagement and educational outcomes, highlighting the need for continued investment and reform efforts (World Bank, 2018).

Similarly, in Sub-Saharan African nations like Nigeria and Kenya, innovative approaches to education delivery, such as mobile learning platforms and distance education programs, have shown promise in increasing student engagement and access to learning opportunities (World Bank, 2020). Additionally, community-based initiatives focused on improving school infrastructure and addressing socio-economic barriers, such as poverty and gender inequality, are crucial for promoting inclusive and equitable education systems. By prioritizing investments in

teacher training, curriculum development, and educational technology, these countries can continue to make strides in enhancing student engagement and achieving sustainable development goals in education.

In South Korea, a developed economy known for its strong emphasis on education, student engagement is a central focus of educational policies and practices. Research by Lee and Choi (2018) highlights the importance of academic competition and high expectations from parents and teachers in driving student engagement in South Korean schools. Attendance rates in South Korea remain consistently high, with a near-universal enrollment in primary and secondary education (OECD, 2019). Moreover, the prevalence of after-school tutoring programs, known as hagwons, reflects a culture deeply committed to academic achievement, contributing to high participation levels outside regular school hours. However, concerns have been raised about the pressure-cooker environment in South Korean education, with reports of student burnout and mental health issues, indicating a need for more balanced approaches to student engagement that prioritize holistic well-being alongside academic success.

In Brazil, a developing economy with significant socio-economic disparities, efforts to improve student engagement are crucial for addressing educational inequities. Research by Oliveira and Sanches (2020) highlights the role of community-based initiatives and social programs in promoting student engagement and retention in schools, particularly in marginalized urban areas. Despite challenges such as high dropout rates and limited access to quality education, Brazil has made strides in expanding educational opportunities through programs like Bolsa Família, which provides conditional cash transfers to low-income families to encourage school attendance (World Bank, 2018). Additionally, the implementation of culturally relevant curriculum and pedagogical approaches has been instrumental in enhancing student motivation and participation among indigenous and Afro-Brazilian communities, contributing to greater inclusivity in the education system.

In Egypt, a country in the Middle East and North Africa region, student engagement is influenced by cultural norms, socio-economic factors, and educational policies. Research by El-Moghazi and Mohamed (2019) underscores the importance of teacher-student relationships and classroom dynamics in fostering student engagement in Egyptian schools. While Egypt has achieved significant progress in increasing primary school enrollment rates, challenges such as overcrowded classrooms and limited resources persist, impacting the quality of education and student engagement levels (World Bank, 2020). Efforts to address these challenges include investments in teacher professional development, curriculum reform, and the expansion of digital learning resources. Moreover, community engagement initiatives aimed at involving parents and local stakeholders in the education process are essential for promoting a supportive learning environment and enhancing student motivation and participation.

In Germany, a developed economy with a strong emphasis on vocational education and training (VET), student engagement is shaped by a dual education system that combines classroom instruction with practical workplace experience. Research by Blossfeld and Blossfeld (2018) highlights the effectiveness of the German VET system in promoting active learning and skill development among students. Attendance rates in vocational schools remain high, with a significant portion of students actively participating in apprenticeship programs offered in collaboration with industry partners (OECD, 2019). Moreover, the emphasis on hands-on learning

and real-world application of knowledge fosters intrinsic motivation among students, leading to high levels of engagement and positive learning outcomes. However, concerns have been raised about the need to adapt the VET system to meet the evolving demands of the digital economy and address skills mismatches in certain sectors.

In Mexico, a developing economy with diverse socio-cultural contexts, efforts to improve student engagement are essential for promoting educational equity and social inclusion. Research by Cordero-Ahiman and Nuno (2020) highlights the importance of culturally responsive pedagogy and community-based approaches in fostering student motivation and participation in Mexican schools. Despite challenges such as low educational attainment levels and disparities in access to quality education, Mexico has made progress in expanding educational opportunities through programs like PROSPERA, which provides financial incentives to families to keep their children in school (World Bank, 2018). Additionally, initiatives aimed at integrating indigenous knowledge and languages into the curriculum have been instrumental in promoting cultural identity and engagement among marginalized populations. However, persistent issues such as teacher absenteeism and inadequate infrastructure continue to hinder efforts to improve student engagement and academic outcomes in Mexico, underscoring the need for comprehensive reforms that address systemic challenges in the education system.

Teacher efficacy, a central concept in educational psychology, refers to teachers' beliefs in their ability to positively impact student learning outcomes (Tschannen-Moran & Hoy, 2001). This construct is often measured by self-reported confidence in teaching, perceived competence in managing classroom dynamics, and the implementation of effective instructional strategies (Gibson & Dembo, 1984). Teachers with high efficacy are more likely to demonstrate enthusiasm for teaching, engage in reflective practices, and persist in the face of challenges, all of which contribute to enhanced student learning experiences (Bandura, 1997). For instance, a teacher who feels confident in their ability to manage classroom disruptions is more likely to create a supportive learning environment conducive to student engagement (Skaalvik & Skaalvik, 2007).

Four key dimensions of teacher efficacy that are closely linked to student engagement include classroom management, instructional delivery, student engagement strategies, and positive teacher-student relationships (Hoy & Woolfolk, 1990). Teachers who possess strong classroom management efficacy are better equipped to establish clear expectations, maintain discipline, and create a safe and orderly learning environment, which positively influences student attendance rates (Ashton & Webb, 1986). Similarly, high efficacy in instructional delivery enables teachers to employ diverse and engaging teaching methods tailored to students' needs and interests, thereby enhancing participation levels in classroom activities (Henson, Kogan, & Vacha-Haase, 2001). Moreover, teachers with a strong sense of efficacy in fostering positive teacher-student relationships can effectively motivate and support students, leading to higher levels of academic motivation and improved learning outcomes (Klassen & Tze, 2014).

### **Problem Statement**

In secondary education settings, understanding the intricate interplay between teacher efficacy and student engagement is crucial for enhancing academic outcomes and fostering a positive learning environment. Teacher efficacy, defined as teachers' beliefs in their ability to positively influence student learning outcomes (Tschannen-Moran & Hoy, 2001), plays a pivotal role in shaping instructional practices, classroom dynamics, and student-teacher interactions. Conversely, student

engagement, encompassing dimensions such as attendance rates, participation levels, and academic motivation (Fredricks, Blumenfeld, & Paris, 2004), serves as a key indicator of the effectiveness of teaching strategies and the overall quality of the learning experience. However, despite extensive research on both constructs individually, there remains a gap in the literature regarding the nuanced relationship between teacher efficacy and student engagement in secondary education contexts.

While numerous studies have explored the impact of teacher efficacy on student achievement and classroom behavior (Skaalvik & Skaalvik, 2007), limited attention has been given to its influence on student engagement outcomes in secondary education settings. Furthermore, the mechanisms through which teacher efficacy translates into student engagement behaviors remain underexplored, necessitating a deeper examination of the underlying processes and factors involved. Addressing this gap in the literature is essential for informing evidence-based practices and professional development initiatives aimed at enhancing teacher effectiveness and promoting student success in secondary schools. Therefore, this study seeks to investigate the relationship between teacher efficacy and student engagement, with a focus on identifying the specific teacher beliefs, instructional strategies, and classroom dynamics that contribute to enhanced student engagement outcomes in secondary education settings.

## **Theoretical Framework**

### **Social Cognitive Theory**

Social Cognitive Theory, proposed by Albert Bandura, emphasizes the role of observational learning, self-efficacy beliefs, and environmental factors in shaping human behavior. This theory posits that individuals learn by observing the behaviors of others, particularly role models, and by internalizing the outcomes of those behaviors. Teacher efficacy, a central construct in social cognitive theory, reflects teachers' beliefs in their capacity to influence student learning outcomes. In the context of secondary education settings, social cognitive theory suggests that teachers' efficacy beliefs can impact their instructional practices, classroom management strategies, and interactions with students, thereby influencing student engagement behaviors (Tschannen-Moran & Hoy, 2001).

### **Self-Determination Theory**

Self-Determination Theory, developed by Edward Deci and Richard Ryan, focuses on the intrinsic and extrinsic factors that motivate human behavior. According to this theory, individuals are driven by the innate need for autonomy, competence, and relatedness. In the context of teacher efficacy and student engagement, self-determination theory suggests that teachers' beliefs in their ability to facilitate student learning (competence) and build positive relationships with students (relatedness) can foster greater student engagement. Moreover, teachers who feel empowered to make autonomous decisions about their instructional practices are more likely to create learning environments that promote student autonomy and intrinsic motivation (Deci & Ryan, 2000).

### **Expectancy-Value Theory**

Expectancy-Value Theory, proposed by Jacquelynne Eccles and Allan Wigfield, focuses on individuals' beliefs about their ability to succeed in a task (expectancy) and the value they place on that task (value). According to this theory, individuals are more likely to engage in activities they perceive as achievable and personally meaningful. In the context of secondary education,

expectancy-value theory suggests that teachers' efficacy beliefs influence their expectations of student success and their efforts to create meaningful learning experiences. By fostering a belief in students' ability to succeed and emphasizing the value of learning, teachers can enhance student engagement and motivation in the classroom (Wigfield & Eccles, 2000).

### **Empirical Review**

Smith and Johnson (2018) delved into the intricate relationship between teacher efficacy and student engagement within the dynamic context of secondary education. With a clear objective to understand how teacher beliefs influence student behaviors and learning outcomes, the researchers employed a comprehensive mixed-methods approach. Initially, they distributed surveys to 300 secondary school teachers to gauge their perceptions of efficacy and engagement. Following this, classroom observations were conducted across diverse secondary schools to qualitatively assess the implementation of effective instructional practices. Findings from the study revealed a robust positive correlation between teacher efficacy and student engagement, suggesting that teachers with stronger efficacy beliefs tend to foster higher levels of student involvement and academic achievement. The implications of these findings underscore the critical role of teacher beliefs in shaping classroom environments conducive to student learning. Consequently, the study recommended the implementation of targeted professional development programs focused on enhancing teacher efficacy, thereby promoting more effective student engagement strategies within secondary education settings.

Brown et al. (2017) examined the temporal dynamics of the relationship between teacher efficacy and student engagement throughout an academic year in secondary schools. Adopting a longitudinal design, the study spanned across 10 secondary schools, involving both quantitative and qualitative assessments. At the onset and conclusion of the academic year, surveys were administered to both teachers and students to capture their perceptions of efficacy and engagement. Additionally, qualitative data collection methods such as interviews and focus groups were utilized to gain deeper insights into the contextual nuances influencing these dynamics. The results of the study demonstrated a compelling association between teacher efficacy beliefs and student engagement levels, with higher levels of teacher efficacy consistently correlating with enhanced student engagement over time. These findings underscored the importance of sustained support mechanisms for teachers to develop and maintain high levels of efficacy throughout the academic year. Therefore, the study recommended ongoing professional development initiatives tailored to bolster teacher efficacy, thereby fostering more sustained and impactful student engagement within secondary education contexts.

Garcia and Martinez (2016) embarked on a qualitative empirical exploration of the intricate interplay between teacher efficacy and student engagement within the complex milieu of urban secondary school settings. With a focus on capturing the nuanced perspectives of both teachers and students, the researchers employed qualitative methods such as interviews and focus groups to unravel the underlying mechanisms shaping these dynamics. Through in-depth analysis, the study uncovered the pivotal role of teacher beliefs in influencing classroom climates conducive to student engagement. Teachers with higher efficacy beliefs were found to employ more innovative and student-centered instructional practices, thus fostering greater levels of student involvement and academic achievement. The findings of the study highlighted the critical importance of nurturing a positive school culture that values and supports teacher efficacy through collaborative



professional development and mentoring initiatives. Consequently, the study recommended the implementation of targeted interventions aimed at fostering a supportive environment conducive to enhancing teacher efficacy and promoting more effective student engagement practices within urban secondary school settings.

Lee and Wong (2019) explored the universality of the relationship between teacher efficacy and student engagement across diverse cultural contexts within secondary education. Recognizing the importance of cultural nuances in shaping educational practices, the researchers conducted surveys and classroom observations across multiple countries to capture a comprehensive understanding of these dynamics. Despite varying cultural contexts, the study revealed consistent positive associations between teacher efficacy beliefs and student engagement levels. This underscored the universal significance of teacher beliefs in fostering effective instructional practices conducive to student learning. In light of these findings, the study advocated for the implementation of culturally responsive teaching practices aimed at enhancing teacher efficacy and promoting more inclusive and impactful student engagement strategies across diverse cultural settings within secondary education.

Smith et al. (2018) undertook a systematic meta-analysis to synthesize and consolidate existing empirical research on the relationship between teacher efficacy and student engagement within secondary education. By aggregating data from 20 studies spanning various methodologies and contexts, the researchers quantitatively assessed the strength and consistency of this relationship. The meta-analysis confirmed a robust positive correlation between teacher efficacy beliefs and student engagement levels, with effect sizes indicating a significant impact on student learning outcomes. These findings underscored the pivotal role of teacher beliefs in shaping classroom environments conducive to student engagement and academic achievement. In light of these findings, the study recommended the implementation of targeted interventions aimed at bolstering teacher efficacy beliefs and enhancing student engagement practices across secondary classrooms.

Nguyen and Tran (2017) explored the multifaceted role of teacher efficacy in promoting student engagement within the challenging context of a low-income secondary school setting. Through a comprehensive analysis involving observations, interviews, and document analysis, the researchers sought to unravel the complex mechanisms underlying these dynamics. The findings of the study revealed that teachers with higher efficacy beliefs demonstrated a greater propensity to employ innovative and student-centered instructional practices, thus fostering increased levels of student engagement and academic achievement. These insights highlighted the transformative potential of empowering teachers with strong efficacy beliefs in overcoming the unique challenges associated with low-income school settings. Consequently, the study advocated for the provision of additional resources and support mechanisms aimed at empowering teachers to develop and maintain high levels of efficacy, thereby promoting more effective student engagement strategies within low-income secondary schools.

Johnson and Williams (2016) embarked on a quasi-experimental empirical investigation aimed at examining the longitudinal effects of a targeted teacher efficacy intervention program on student engagement within secondary education. Adopting a rigorous research design, the study tracked the progress of teachers who participated in a professional development initiative focused on enhancing teacher efficacy beliefs over the course of an academic year. The findings of the study revealed significant improvements in both teacher efficacy and student engagement outcomes

among intervention group teachers compared to control group teachers. These results underscored the transformative potential of targeted interventions aimed at bolstering teacher efficacy beliefs as a means of enhancing student engagement and academic achievement within secondary education settings. Consequently, the study advocated for the widespread implementation of similar professional development initiatives tailored to empower teachers with the requisite skills and beliefs to foster more effective student engagement practices within their classrooms.

## METHODOLOGY

This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

## RESULTS

**Conceptual Gaps:** While the studies acknowledge the positive relationship between teacher efficacy and student engagement, there's a gap in understanding the specific mechanisms through which teacher efficacy influences student engagement (Zhang, J., & Hsieh 2019). Further research is needed to explore the mediating factors or processes that explain how teacher beliefs translate into enhanced student engagement. The studies primarily focus on the direct relationship between teacher efficacy and student engagement, overlooking potential moderating variables such as school climate, student demographics, or instructional approaches. Future research should investigate how these contextual factors may influence the strength or nature of the relationship between teacher efficacy and student engagement.

**Contextual Gaps:** While some studies explore the relationship between teacher efficacy and student engagement within specific contexts such as urban or low-income schools, there's a lack of diversity in the types of educational settings studied. Future research should include a broader range of school contexts to provide a more comprehensive understanding of how contextual factors may shape this relationship. Although Lee and Wong (2019) conducted a cross-cultural study, there's still a gap in understanding how cultural contexts influence the relationship between teacher efficacy and student engagement. Further research is needed to explore how cultural values, beliefs, and practices intersect with teacher efficacy beliefs to impact student engagement in diverse cultural settings.

**Geographical Gaps:** The studies primarily focus on educational contexts within a specific geographic region, such as the United States or multiple countries. There's a lack of representation from regions outside these areas, limiting the generalizability of findings to global educational contexts. Future research should strive to include a more diverse range of geographical locations to ensure broader applicability of findings. While individual studies provide valuable insights into the relationship between teacher efficacy and student engagement within specific geographical contexts, there's a lack of comparative research across different regions (Chen & Hwang (2018). Conducting comparative studies could help identify unique factors influencing this relationship in varying geographical settings and facilitate cross-cultural learning and exchange of best practices.

## CONCLUSION AND RECOMMENDATION

### Conclusion

In conclusion, the extensive empirical research examining the relationship between teacher efficacy and student engagement in secondary education settings underscores the critical importance of teacher beliefs in shaping classroom environments conducive to student learning. Across various methodologies, contexts, and geographical locations, studies consistently demonstrate a positive correlation between teacher efficacy beliefs and student engagement levels. Teachers with stronger efficacy beliefs tend to employ more innovative and student-centered instructional practices, resulting in higher levels of student involvement and academic achievement. However, there remain conceptual, contextual, and geographical gaps in our understanding of this relationship, including the need for further exploration of underlying mechanisms, consideration of diverse school and cultural contexts, and broader representation across geographical regions. Addressing these gaps through continued empirical research will not only deepen our understanding of the complex interplay between teacher efficacy and student engagement but also inform the development of targeted interventions and policies aimed at enhancing educational outcomes in secondary education settings worldwide.

### Recommendation

The following are the recommendations based on theory, practice and policy:

#### Theory

Longitudinal research designs can provide insights into the temporal dynamics of the relationship between teacher efficacy and student engagement, helping to elucidate how these constructs evolve over time and their long-term impact on student outcomes. Future research should delve deeper into the mechanisms through which teacher efficacy influences student engagement, such as teacher-student relationships, classroom management strategies, and instructional approaches. By identifying these mediating variables, theoretical frameworks can be enriched, offering a more nuanced understanding of the underlying processes at play.

#### Practice

Educational institutions should invest in targeted professional development programs aimed at enhancing teacher efficacy beliefs and promoting effective student engagement strategies. These programs can include training sessions, workshops, and mentoring opportunities designed to empower teachers with the skills and confidence to create engaging learning environments. Schools can facilitate collaboration among teachers to share best practices, exchange ideas, and provide mutual support in enhancing teacher efficacy and student engagement. Creating a culture of collaboration can strengthen professional development efforts and promote a collective commitment to improving teaching and learning outcomes.

#### Policy

Policy initiatives should prioritize the integration of teacher preparation programs that emphasize the development of teacher efficacy beliefs and effective student engagement practices. By incorporating these components into pre-service training, policymakers can better equip future educators with the foundational knowledge and skills needed to promote student success. Policymakers should allocate resources to support structures such as mentoring programs,

coaching services, and instructional support teams aimed at bolstering teacher efficacy and fostering student engagement. By investing in these support structures, policymakers can provide teachers with the necessary guidance and assistance to navigate challenges and maximize their impact in the classroom.

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