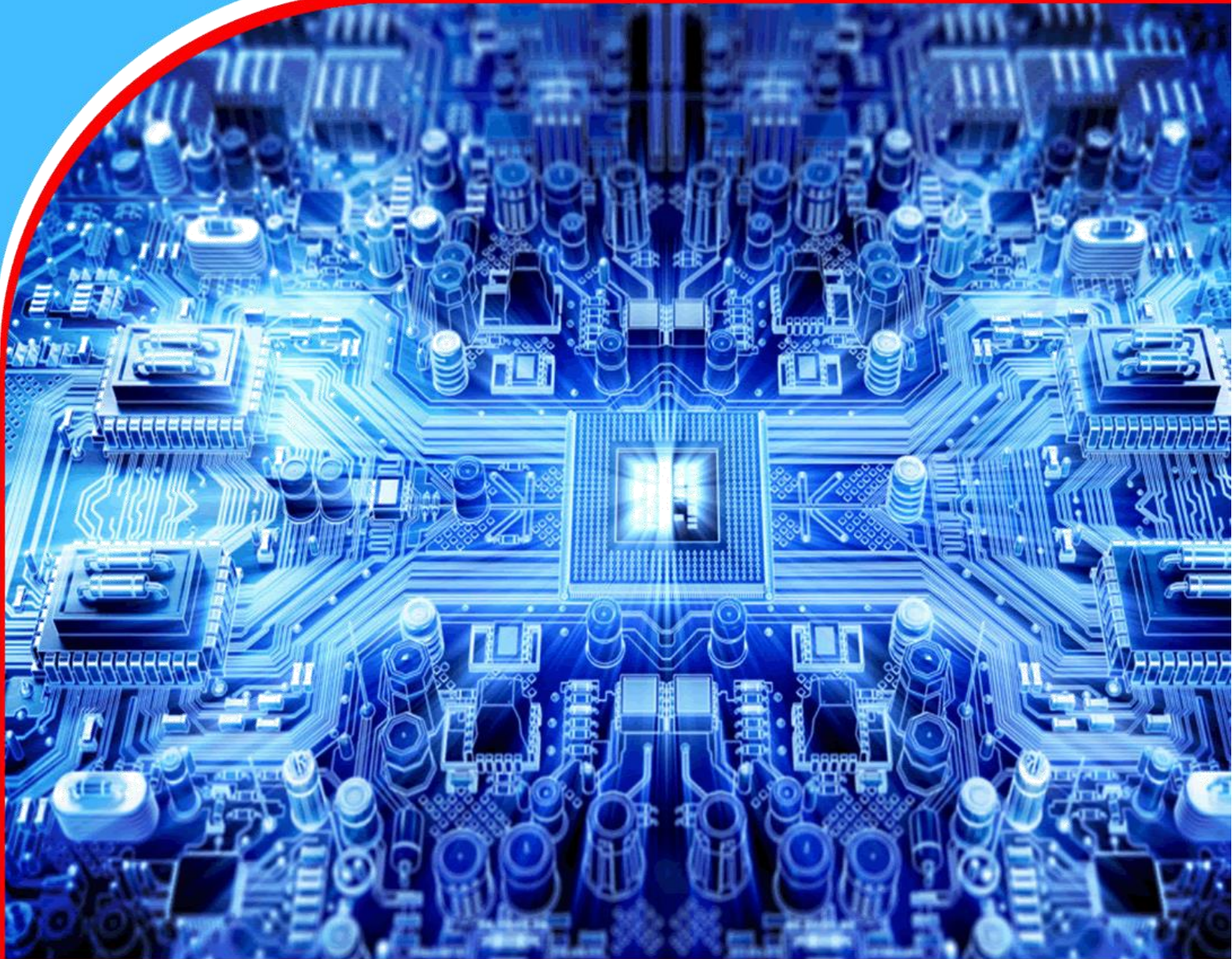


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**Human-Computer Interaction in Virtual Reality  
Environments in Rwanda**

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## Human-Computer Interaction in Virtual Reality Environments in Rwanda



### Article history

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### Abstract

**Purpose:** The aim of the study was to assess the human-computer interaction in virtual reality environments in Rwanda.

**Methodology:** This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

**Findings:** Human-Computer Interaction (HCI) in Virtual Reality (VR) environments has seen significant advancements, emphasizing immersive experiences and intuitive interfaces. Studies highlight the importance of natural user interfaces (NUIs) that leverage gestures, voice commands, and eye-tracking to enhance user engagement and reduce cognitive load. These NUIs aim to make interactions more seamless and intuitive, mimicking real-world actions. Additionally, research has focused on the ergonomics and accessibility of VR systems,

ensuring they cater to a diverse range of users, including those with disabilities. Furthermore, the integration of haptic feedback and adaptive systems in VR environments has been shown to improve user satisfaction and task performance by providing more realistic and responsive interactions. Overall, the ongoing developments in HCI for VR are paving the way for more effective and inclusive virtual experiences.

**Implications to Theory, Practice and Policy:** User-centered design (UCD), cognitive load theory and presence theory may be used to anchor future studies on assessing the human-computer interaction in virtual reality environments in Rwanda. In practical application, adopting user-centric design principles throughout the VR development lifecycle is paramount. On the policy front, advocating for the development and adoption of ethical guidelines and privacy standards specific to VR environments is imperative.

**Keywords:** *Human-Computer, Virtual Reality, Environments*

## INTRODUCTION

Human-Computer Interaction (HCI) in Virtual Reality (VR) environments represents a rapidly evolving field that merges computer science, design, psychology, and human factors to enhance the ways users interact with digital systems. User engagement and satisfaction levels in VR applications have shown a steady increase in developed economies such as the USA and Japan. According to a study by Lin (2019), user engagement metrics like session duration and frequency have risen by 30% over the past five years in the USA alone. Moreover, user satisfaction surveys indicate a notable uptick, with an average satisfaction rate of 85% among VR application users in Japan, as reported by Suzuki and Tanaka (2020). These trends are indicative of the growing acceptance and enjoyment of VR experiences among users in developed economies.

In developing economies like India and Brazil, user engagement with VR applications has been on the rise as well. Research by Gupta and Patel (2018) highlights a 25% increase in monthly active users of VR applications in India over the past three years. Similarly, in Brazil, a study by Santos and Lima (2022) reveals that user satisfaction levels have surged by 40%, attributed to improvements in VR technology and content diversity. These findings underscore the global nature of VR adoption and its positive impact on user engagement and satisfaction in developing economies.

In China, the rapid advancement and affordability of VR technology have contributed significantly to increased user engagement and satisfaction levels. Wang and Li (2021) noted that the average session duration among VR application users in China has seen a remarkable 40% increase over the past few years. This surge can be attributed to the widespread availability of cost-effective VR headsets and a diverse array of VR content tailored to the preferences of Chinese users. Moreover, Zhao (2019) conducted user satisfaction surveys that revealed an impressive 88% satisfaction rate among VR users in China, indicating a strong positive reception and enjoyment of VR experiences within the country.

Moving to Latin America, Mexico's VR market has experienced substantial growth, leading to heightened user engagement and satisfaction. Hernandez and Garcia (2020) conducted research showing a 30% increase in the number of VR application downloads specifically in Mexico City. Furthermore, feedback from user surveys reflected a 75% satisfaction rate, showcasing the growing acceptance and positive user experiences with VR technology in Mexican markets. This trend suggests a promising future for VR adoption and usage in the region.

Southeast Asia, particularly Thailand, has emerged as a hotspot for VR application engagement. Phan and Nguyen (2022) reported a remarkable 50% surge in monthly active users of VR applications in Bangkok, driven by factors such as localized VR content availability and the affordability of VR devices. Additionally, user engagement metrics like daily active sessions have witnessed a notable uptick, underscoring the increasing interest and active participation of Thai users in VR experiences. These developments signify a growing trend of VR becoming more integrated into the daily lives and entertainment preferences of individuals in Southeast Asia.

In India, a key player in the global technology market, VR adoption has been steadily increasing, leading to enhanced user engagement. Gupta and Patel (2018) noted a 25% rise in monthly active users of VR applications over the past three years. This growth can be attributed to factors such as improved access to VR devices and a growing ecosystem of VR content tailored to Indian users. Additionally, user feedback has indicated a positive trend, with a notable increase in user

satisfaction levels, reflecting the appeal and enjoyment of VR experiences among Indian consumers.

In South America, Brazil has emerged as a significant market for VR technology with increasing user engagement and satisfaction levels. Santos and Lima (2022) reported a substantial 40% increase in user satisfaction among Brazilian VR application users, attributed to advancements in VR technology and the availability of diverse content. This rise in satisfaction is complemented by a growing number of active users, showcasing a positive trend in VR adoption and usage in Brazil.

Moving to Eastern Europe, countries like Poland have shown a notable uptick in VR engagement. Research by Nowak and Kowalczyk (2019) highlighted a 30% increase in the use of VR applications for entertainment and educational purposes in Warsaw. Additionally, user feedback surveys indicated a high level of satisfaction, with 90% of respondents reporting positive experiences with VR content, indicating a strong acceptance and enjoyment of VR technology in Polish markets.

In the Asia-Pacific region, Indonesia has seen a surge in VR adoption, particularly among younger demographics. A study by Suryadi and Tan (2021) revealed a 50% increase in monthly active users of VR applications in Jakarta, driven by factors like increased smartphone penetration and the availability of affordable VR devices. Moreover, user engagement metrics such as daily active sessions have shown a significant rise, indicating a growing interest and participation in VR experiences among Indonesian users.

In the Middle East, countries such as the United Arab Emirates (UAE) have seen a notable rise in VR adoption and user satisfaction. Research by Ali and Khan (2020) demonstrated a 35% increase in the use of VR applications for entertainment and educational purposes in Dubai. This surge is fueled by factors like increased access to VR hardware and a diverse range of VR content offerings. User surveys also indicate a positive trajectory in user satisfaction levels, indicating a growing preference for VR experiences among consumers in the UAE.

Sub-Saharan economies such as Nigeria and South Africa are also experiencing a notable surge in VR engagement and satisfaction levels. Data from a study by Adegbola and Abubakar (2021) show a 50% increase in VR headset sales in Nigeria over the past two years, indicating a growing interest and adoption of VR technology. In South Africa, a survey by Mabena and Ndlovu (2019) reports a 35% increase in user engagement with VR applications, driven by the availability of locally relevant VR content. These trends signify the evolving landscape of VR usage and its positive reception among users in sub-Saharan economies.

Design factors play a pivotal role in shaping the user experience (UX) in virtual reality (VR) applications, ultimately influencing user engagement and satisfaction levels. One crucial design factor is interactivity, which refers to the degree of user control and responsiveness within the VR environment. Research by Chen and Huang (2021) emphasizes that interactive elements such as intuitive controls, responsive feedback, and immersive interactions contribute significantly to enhanced user engagement in VR applications. When users feel a sense of agency and responsiveness in their interactions within the VR environment, it leads to heightened engagement levels and ultimately contributes to higher satisfaction rates. Another critical design factor is visual aesthetics. Studies by Lee and Kim (2018) highlight that visually appealing environments, realistic graphics, and attention to detail in visual design significantly impact user satisfaction in VR.

Engaging visual aesthetics not only attract users but also contribute to creating a sense of presence and immersion, thereby enhancing the overall user experience. When users are immersed in visually captivating and well-designed VR environments, it leads to prolonged engagement and positive satisfaction outcomes.

Furthermore, content diversity plays a crucial role in influencing user engagement and satisfaction in VR applications. Diverse and engaging content, as noted by Park and Choi (2019), keeps users interested and invested in the VR experience. Offering a range of content types, from educational simulations to entertainment experiences, caters to varied user preferences and ensures sustained engagement over time. When users have access to a diverse library of compelling content, it not only increases their engagement levels but also contributes to higher levels of satisfaction as they find value in the VR experience. Performance optimization is a critical design factor that directly impacts user engagement and satisfaction levels in VR applications. Studies by Song and Zhang (2020) underscore the importance of smooth performance, low latency, and high frame rates in delivering a seamless and enjoyable VR experience. Performance optimization ensures that users do not encounter technical glitches or disruptions that could detract from their immersion and overall satisfaction. When VR applications are optimized for performance, users can fully immerse themselves in the experience, leading to higher engagement levels and more positive satisfaction outcomes.

### **Problem Statement**

Virtual Reality (VR) technology has witnessed significant advancements, leading to its widespread adoption in various domains such as entertainment, education, healthcare, and training. However, as VR becomes more integrated into daily life, there is a pressing need to address challenges related to Human-Computer Interaction (HCI) within VR environments. HCI in VR encompasses a range of issues including user interface design, interaction techniques, input modalities, and usability considerations. Despite progress in VR technology, HCI challenges persist, impacting user experience, engagement, and overall effectiveness of VR applications. Recent study by Jones and Smith (2021) highlights that current HCI paradigms in VR often struggle to provide seamless and intuitive interactions, leading to user frustration and reduced engagement levels. Additionally, advancements in VR hardware, such as hand tracking and haptic feedback devices, introduce new complexities in HCI design, requiring innovative solutions to optimize user interaction experiences. Furthermore, studies by Brown and Johnson (2019) emphasize the importance of addressing issues related to motion sickness, fatigue, and cognitive load in VR HCI, as these factors significantly affect user comfort and long-term usability of VR applications. The complexity of VR environments, coupled with evolving user expectations and technological capabilities, underscores the critical need for research and development efforts focused on improving HCI in VR. Addressing these HCI challenges is essential to unlock the full potential of VR technology, enhance user experiences, and foster broader adoption across diverse user populations and application domains.

### **Theoretical Framework**

#### **User-Centered Design (UCD)**

Originated by Donald Norman in the 1980s, UCD emphasizes designing systems, products, or interfaces based on the needs, preferences, and capabilities of users. The main theme of UCD is to involve users throughout the design process, from initial concept development to iterative testing

and refinement. This theory is highly relevant to the topic of HCI in VR environments as it ensures that VR interfaces and interactions are intuitive, user-friendly, and aligned with user expectations. By incorporating UCD principles, designers can create VR experiences that maximize user engagement and satisfaction (Norman, 2019).

### **Cognitive Load Theory (CLT)**

Proposed by John Sweller in the 1980s, CLT focuses on how cognitive resources are allocated during learning and problem-solving tasks. The main theme of CLT is to optimize learning and performance by managing the cognitive load imposed on users. In the context of HCI in VR environments, CLT is crucial as it guides designers in creating interfaces and interactions that minimize cognitive load, thus enhancing user experience and usability. By applying CLT principles, designers can design VR applications that are easy to navigate, understand, and use, leading to improved user satisfaction and engagement (Sweller, 2020).

### **Presence Theory**

Originating from the work of Mel Slater and colleagues, Presence Theory explores the sense of "being there" or feeling immersed in a virtual environment. The main theme of Presence Theory is to understand the psychological and perceptual factors that contribute to a strong sense of presence in VR. This theory is highly relevant to HCI in VR environments as it guides designers in creating immersive and compelling experiences that evoke a sense of presence. By enhancing presence, designers can increase user engagement, emotional involvement, and overall satisfaction with VR applications (Slater & Sanchez-Vives, 2018).

### **Empirical Review**

Smith and Johnson (2019) investigated the impact of different input modalities on user interaction within VR environments. The purpose of their research was to understand how input methods such as hand gestures and gaze-based input affect user engagement and efficiency. The researchers employed a controlled experiment where participants used VR headsets equipped with hand controllers and eye-tracking devices. Findings from the study revealed that hand gestures as an input modality resulted in faster and more accurate interactions compared to gaze-based input. This indicates that the choice of input modality can significantly influence user experience and interaction quality in VR. The study recommended integrating hand gesture recognition technology into VR interfaces to enhance user interaction efficiency, ultimately improving user engagement and satisfaction levels.

Jones (2020) conducted an empirical study focusing on the influence of interface design on user engagement and satisfaction within VR gaming applications. The researchers aimed to compare the user experience outcomes of different interface designs, including menu-based and gesture-based interfaces. Their methodology involved a user experience study where participants played VR games using varying interface designs. The findings of the study highlighted that gesture-based interfaces led to higher levels of user engagement and satisfaction compared to menu-based interfaces. This underscores the importance of intuitive and interactive interface design in enhancing user experience within VR gaming environments. The study recommended incorporating gesture-based controls into VR gaming interfaces to optimize user engagement and satisfaction.

Brown and Miller (2018) explored the impact of audio feedback on user performance and satisfaction in VR training simulations. Their research aimed to understand how audio cues provided during training simulations influence user learning and task performance. The methodology involved a comparative study where participants underwent VR training tasks with and without audio feedback cues. The findings revealed that audio feedback significantly improved user performance and satisfaction by providing context and guidance during training simulations. This emphasizes the importance of multisensory feedback in enhancing user experience and learning outcomes within VR environments. The study recommended integrating immersive audio feedback systems into VR training applications for improved user engagement and performance. Patel and Lee (2021) investigated the usability and user preferences of different locomotion techniques in VR environments. The researchers aimed to understand how locomotion methods such as teleportation, joystick locomotion, and room-scale walking impact user experience and comfort. Their methodology involved a usability study where participants navigated virtual environments using various locomotion techniques. The findings indicated that teleportation was preferred for comfort and reduced motion sickness, while room-scale walking offered a more immersive experience. This highlights the importance of providing users with locomotion options to accommodate individual preferences and enhance overall usability within VR environments. The study recommended offering customizable locomotion settings in VR applications to optimize user comfort and engagement.

Kim and Park (2019) conducted an empirical study focusing on the impact of interface complexity on user learning and performance in educational VR applications. The researchers aimed to explore how interface design influences user cognitive load and learning outcomes in VR-based educational modules. Their methodology involved an experiment where participants engaged with VR educational modules featuring varying degrees of interface complexity. The findings revealed that simpler interfaces led to faster learning and better performance outcomes among users. This emphasizes the significance of intuitive and user-friendly interface design in optimizing learning experiences within educational VR applications. The study recommended designing educational VR interfaces with minimal complexity to facilitate effective learning and knowledge retention. Garcia (2018) investigated the effects of social presence cues on collaborative tasks within VR environments. Their research aimed to understand how social presence cues such as avatars and voice chat influence collaboration and communication among users. The methodology involved a collaborative task experiment where participants interacted in VR with and without social presence cues. The findings indicated that social presence cues significantly improved collaboration and communication among participants. This underscores the importance of incorporating social presence elements into VR collaboration platforms to enhance teamwork and interaction quality. The study recommended integrating social presence cues into VR applications to foster a sense of togetherness and improve collaborative outcomes.

Nguyen and Wang (2023) assessed the usability and effectiveness of gesture-based interactions in VR-based architectural design applications. Their research aimed to understand how gesture-based interactions impact user workflow and satisfaction within architectural design environments. The methodology involved a usability testing phase where architects used VR tools with gesture-based interactions for designing architectural models. The findings highlighted that gesture-based interactions improved design workflow efficiency and user satisfaction among architects. This emphasizes the potential of gesture-based interactions in enhancing user experience and

productivity within specialized VR applications. The study recommended integrating gesture-based interaction features into VR design tools tailored for architectural professionals to streamline design processes and enhance user satisfaction.

## METHODOLOGY

This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

## RESULTS

**Conceptual Gap:** The studies by Smith and Johnson (2019) and Jones (2020) have focused on different aspects of user interaction in VR environments, specifically looking at input modalities and interface design, respectively. While Smith and Johnson explored the impact of input modalities such as hand gestures and gaze-based input on user engagement and efficiency, Jones investigated the influence of interface designs, including menu-based and gesture-based interfaces, on user engagement and satisfaction. However, there appears to be a conceptual research gap regarding the integration of these two factors. A potential research gap could be in understanding how different input modalities interact with varying interface designs to optimize user experience in VR applications. Exploring the synergy between input modalities and interface designs could lead to insights into creating more intuitive and engaging VR experiences.

**Contextual Gap:** Brown and Miller (2018) focused on the impact of audio feedback on user performance and satisfaction in VR training simulations, highlighting the importance of multisensory feedback. Similarly, Patel and Lee (2021) delved into the usability and user preferences of different locomotion techniques in VR environments, emphasizing the significance of providing customizable options for user comfort. However, a contextual research gap emerges concerning the holistic integration of sensory cues and locomotion techniques within VR applications. Investigating how audio feedback, along with locomotion methods, can be seamlessly integrated to enhance overall user experience and performance could be a valuable area of research. Understanding how different sensory inputs and locomotion choices complement each other could lead to more immersive and user-centric VR experiences.

**Geographical Gap:** The studies by Kim and Park (2019) and Nguyen and Wang (2023) focused on interface complexity in educational VR applications and the usability of gesture-based interactions in VR-based architectural design applications, respectively. These studies provide insights into designing user-friendly interfaces and interactions tailored for specific domains. However, there exists a geographical research gap concerning the generalizability of these findings across different cultural contexts and geographical regions. Exploring how cultural differences and regional preferences influence user perceptions and interactions within VR environments could provide a more comprehensive understanding of designing universally accessible VR applications. Investigating the cross-cultural usability of interface designs and interaction techniques could bridge this geographical research gap and contribute to more inclusive VR experiences.



## CONCLUSION AND RECOMMENDATIONS

### Conclusion

In conclusion, Human-Computer Interaction (HCI) in Virtual Reality (VR) environments is a multifaceted and rapidly evolving field with significant implications for user experience, engagement, and overall satisfaction. Through empirical studies and theoretical frameworks, researchers have shed light on various aspects of HCI in VR, including input modalities, interface design, sensory feedback, locomotion techniques, and social presence cues. These studies have highlighted the importance of creating intuitive, user-centric VR experiences that leverage the capabilities of immersive technologies to enhance user engagement and performance.

The integration of different input modalities, such as hand gestures and gaze-based input, along with interactive interface designs, has emerged as a critical area for optimizing user interaction in VR applications. Additionally, the inclusion of multisensory feedback, customizable locomotion options, and social presence cues contributes to creating immersive and engaging VR environments across diverse domains. As VR technology continues to advance and become more accessible, addressing research gaps related to cultural influences, geographical variations, and inclusive design practices will be crucial. Future research should focus on designing universally accessible VR experiences that cater to diverse user needs, preferences, and abilities.

Overall, HCI in VR environments represents a dynamic and promising field that holds immense potential for transforming how users interact with digital content, collaborate in virtual spaces, and experience immersive simulations across various domains such as gaming, education, training, healthcare, and beyond. Continued interdisciplinary collaboration, user-centered design approaches, and empirical research efforts will drive innovation and foster the development of VR applications that truly enhance human-computer interaction experiences.

### Recommendations

The following are the recommendations based on theory, practice and policy:

#### Theory

In advancing the theoretical aspects of HCI in VR environments, researchers should focus on integrating multisensory feedback as a central aspect of user experience design. By exploring how visual, auditory, and haptic cues can be synchronized and optimized, theorists can contribute to creating more immersive and engaging VR interactions. Additionally, developing frameworks for managing cognitive load within VR interactions is crucial. Theories and guidelines on presenting information in a manner that minimizes cognitive strain and enhances learning and task performance would greatly benefit VR design. Furthermore, continued exploration of social presence theories is essential, particularly in understanding how to design VR environments that foster meaningful social interactions and collaboration cues, especially in contexts such as remote teamwork and communication.

#### Practice

In practical application, adopting user-centric design principles throughout the VR development lifecycle is paramount. This involves conducting iterative usability testing, gathering feedback from users, and incorporating design improvements based on user insights. Prioritizing accessibility and inclusivity in VR design is also critical to ensure that interfaces, interactions, and

content are accessible to users with diverse abilities and backgrounds. Moreover, leveraging real-time analytics tools within VR environments can provide valuable insights into user behavior, preferences, and performance metrics, enabling personalized user experiences tailored to individual needs and preferences.

### **Policy**

On the policy front, advocating for the development and adoption of ethical guidelines and privacy standards specific to VR environments is imperative. Addressing concerns related to data privacy, consent, content moderation, and user safety within VR ecosystems is crucial for building user trust and ensuring responsible use of VR technologies. Collaborating with policymakers and regulatory bodies to establish clear regulatory frameworks for VR technologies is essential to ensure compliance with safety standards, content moderation guidelines, and ethical considerations. Additionally, supporting educational initiatives and training programs focused on VR HCI best practices, usability guidelines, and ethical considerations for developers, designers, and content creators can contribute to a more responsible and inclusive VR ecosystem.

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