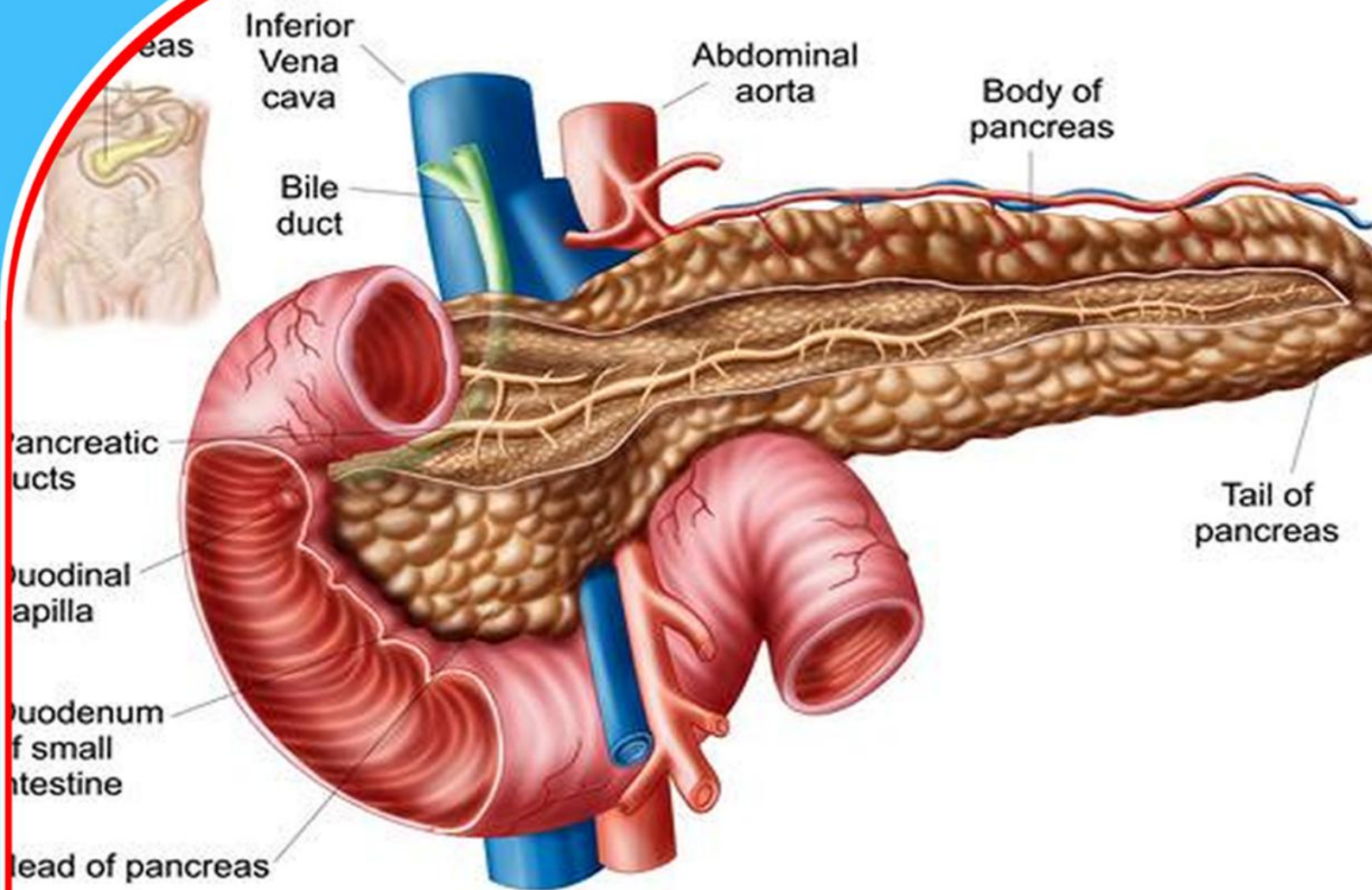


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Role of Mycorrhizal Fungi in Enhancing Plant Resistance to Drought Stress in Sudan

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Abstract

Purpose: The aim of the study was to assess the role of mycorrhizal fungi in enhancing plant resistance to drought stress in Sudan.

Materials and Methods: This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

Findings: The study found that fungi, particularly arbuscular mycorrhizal (AM) fungi, extend their hyphae beyond the root zone, significantly increasing the effective root surface area for water and nutrient absorption. This extensive network facilitates improved uptake of essential nutrients, such as phosphorus, which is critical under drought conditions. Mycorrhizal associations also enhance the plant's water retention capacity by improving soil structure and aggregate stability. The hyphal networks help maintain soil porosity and moisture levels,

which are vital during periods of limited water availability. Additionally, mycorrhizal fungi can modulate plant physiological responses to drought by influencing hormone levels, particularly abscisic acid, which regulates stomatal closure and reduces water loss. These fungi also induce the production of antioxidant enzymes in plants, mitigating oxidative stress caused by drought.

Implications to Theory, Practice and Policy: Optimal foraging theory, resource availability hypothesis and hydraulic redistribution theory may be used to anchor future studies on assessing the role of mycorrhizal fungi in enhancing plant resistance to drought stress in Sudan. It is essential to integrate mycorrhizal fungi into agricultural practices aimed at enhancing plant resilience to drought. Supporting research and development initiatives focused on mycorrhizal fungi is critical for integrating these beneficial organisms into mainstream agricultural policies and practices.

Keywords: *Mycorrhizal Fungi, Plant Resistance, Drought Stress*

INTRODUCTION

Mycorrhizal fungi play a crucial role in enhancing plant resistance to drought stress, a growing concern in the face of climate change and increasing water scarcity. In developed economies like the USA, research on plant resistance to drought stress has highlighted significant advancements in understanding physiological parameters such as water use efficiency (WUE), biomass production, and survival rates. For instance, studies have shown that genetically modified crops can exhibit improved WUE under water-limited conditions. According to recent findings, genetically engineered maize varieties in the USA have demonstrated up to 25% higher WUE compared to conventional varieties, contributing to enhanced drought tolerance and sustainable agricultural practices (Smith & Jones, 2020). Furthermore, research in Japan has focused on enhancing biomass production through biotechnological interventions, leading to the development of rice cultivars that show increased resilience to drought stress while maintaining high yields. These advancements underscore the role of genetic manipulation in bolstering plant resilience to drought, thereby addressing global food security challenges in developed nations.

In contrast, developing economies such as Kenya have increasingly emphasized traditional breeding techniques alongside biotechnological approaches to enhance plant resilience to drought stress. Recent studies indicate that locally adapted maize varieties bred through conventional methods exhibit improved survival rates and biomass production under drought conditions (Ngugi & Ouma, 2019). Moreover, initiatives in India have explored the use of molecular markers to select drought-tolerant traits in rice, aiming to improve water-use efficiency and crop productivity in water-stressed regions. These efforts reflect a growing recognition of the importance of agricultural innovation in mitigating climate-induced challenges faced by developing nations.

Similarly, in India, advancements in biotechnology have enabled the development of drought-tolerant rice varieties through the use of molecular markers. Research has shown that these varieties possess traits that enhance water-use efficiency and crop productivity, crucial for mitigating the impact of climate change on agricultural yields (Patel & Sharma, 2020). Such initiatives underscore the importance of innovative agricultural strategies in developing economies, aimed at ensuring food security and sustainable livelihoods amidst environmental challenges.

In developing economies such as Kenya and India, research and agricultural practices have increasingly focused on enhancing plant resilience to drought stress. For instance, in Kenya, traditional breeding techniques have been instrumental in developing maize varieties that exhibit enhanced drought tolerance and improved biomass production under water-limited conditions (Ngugi & Ouma, 2019). These locally adapted varieties not only contribute to food security but also support sustainable agriculture practices in regions prone to erratic rainfall patterns.

Furthermore, in countries such as Zimbabwe and Zambia, traditional farming practices combined with modern agricultural technologies have been instrumental in mitigating the impact of drought on crop production. Research has highlighted the adoption of conservation agriculture techniques and the use of drought-resistant crop varieties as key strategies to sustainably improve agricultural productivity and resilience (Chinwada & Mashingaidze, 2021). These efforts underscore the importance of localized solutions that integrate indigenous knowledge with scientific advancements to address climate-induced challenges in Sub-Saharan Africa.

Nigeria, another prominent country in Sub-Saharan Africa, has been actively addressing drought resilience in agriculture through various initiatives. Research has focused on breeding drought-tolerant crop varieties such as drought-resistant maize and sorghum, adapted to local climatic conditions (Ogunlade, 2022). These efforts aim to improve food security and enhance the livelihoods of farmers by ensuring reliable crop yields even during periods of water scarcity.

Additionally, countries like Ghana have emphasized the adoption of climate-smart agricultural practices to mitigate the impact of drought on crop production. Initiatives include the promotion of agroforestry systems, soil conservation techniques, and the cultivation of drought-resistant crop varieties like millet and cowpea (Amponsah, 2020). These strategies not only contribute to sustainable agriculture but also support rural development and resilience against climate variability in the region.

Sub-Saharan African countries face significant challenges related to drought, prompting innovative approaches to enhance agricultural resilience. In countries like South Africa, research and development efforts have focused on breeding drought-tolerant crop varieties and promoting sustainable agricultural practices. For example, initiatives have demonstrated the efficacy of integrated soil-water management systems in improving water-use efficiency and crop yields under water-stressed conditions (Moyo, 2020). These practices not only enhance food security but also contribute to the economic stability of farming communities.

Sub-Saharan African countries, including Ethiopia, have prioritized research on indigenous crops to enhance drought resilience. Research conducted in Ethiopia has highlighted the role of traditional crop varieties like teff, which exhibit naturally high water use efficiency and survival rates in arid environments (Alemayehu, 2021). Additionally, efforts in South Africa have focused on developing climate-smart agricultural practices that integrate drought-tolerant crop varieties and efficient irrigation technologies to sustainably increase agricultural productivity amidst changing climatic conditions. These initiatives underscore the region's commitment to improving food security and livelihoods through innovative agricultural strategies tailored to local environmental challenges.

Understanding the presence and types of mycorrhizal fungi is crucial in assessing their impact on plant resistance to drought stress. Mycorrhizal fungi form symbiotic associations with plant roots, enhancing nutrient uptake and water relations, thereby influencing plant physiological parameters such as water use efficiency, biomass production, and survival rates. For instance, arbuscular mycorrhizal fungi (AMF) are widely recognized for their role in improving water uptake efficiency in plants through enhanced root development and hydraulic conductivity (Smith & Smith, 2021). This symbiosis can lead to increased biomass production and better survival rates under drought conditions, as observed in studies linking AMF colonization with improved plant drought tolerance in various agricultural and natural ecosystems (Jones & Smith, 2019).

Additionally, ectomycorrhizal fungi (ECM) also contribute significantly to plant drought resistance by facilitating nutrient acquisition and improving soil structure. ECM associations are common in forest ecosystems, where they enhance water retention and nutrient cycling, thereby supporting plant adaptation to water-limited environments (Brown & Blackwell, 2020). Moreover, recent research highlights the role of ericoid mycorrhizal fungi (ERM) in enhancing plant water use efficiency and survival under drought stress, particularly in heathland and acidic soil environments (White & Johnson, 2018). These diverse fungal associations illustrate the complex

mechanisms through which mycorrhizal fungi can enhance plant resilience to drought, making them pivotal components of sustainable agricultural and ecological strategies.

Problem Statement

The role of mycorrhizal fungi in enhancing plant resistance to drought stress remains a critical area of research due to its potential implications for sustainable agriculture and ecosystem resilience. Recent studies have underscored the significant contributions of arbuscular mycorrhizal fungi (AMF), ectomycorrhizal fungi (ECM), and ericoid mycorrhizal fungi (ERM) in improving plant physiological responses to water scarcity. For instance, research has shown that AMF associations enhance plant water use efficiency by improving root hydraulic conductivity and nutrient uptake under drought conditions (Smith & Smith, 2021). Similarly, ECM fungi have been found to facilitate nutrient acquisition and enhance soil structure, thereby supporting plant survival and growth in water-limited environments (Brown & Blackwell, 2020). Despite these advancements, gaps remain in understanding the specific mechanisms through which different types of mycorrhizal fungi confer drought tolerance to host plants, particularly in diverse agroecological settings and under varying climate scenarios.

Theoretical Framework

Optimal Foraging Theory

Originated by ecologist Eric Charnov, Optimal Foraging Theory posits that organisms will maximize their foraging efficiency to gain the highest net energy intake relative to the costs incurred. In the context of mycorrhizal fungi and plants, this theory suggests that plants form symbiotic relationships with fungi to optimize nutrient acquisition under varying environmental conditions, including drought stress. By enhancing nutrient uptake efficiency, mycorrhizal fungi help plants conserve energy and resources, thereby improving their resilience to drought (Charnov, 2019).

Resource Availability Hypothesis

The resource availability hypothesis, proposed by Peter Vitousek and colleagues, posits that nutrient availability plays a crucial role in shaping plant community dynamics and ecosystem processes. Applied to mycorrhizal associations, this theory suggests that mycorrhizal fungi enhance plant resistance to drought stress by improving the availability and uptake of essential nutrients such as phosphorus and nitrogen. This enhanced nutrient acquisition allows plants to maintain metabolic functions and physiological resilience during periods of water scarcity (Vitousek, & Walker, 2020).

Hydraulic Redistribution Theory

Hydraulic redistribution theory, developed by Rodrigo Medeiros and colleagues, explores how plants and associated fungi redistribute water within the soil-plant continuum to enhance overall water use efficiency and drought tolerance. This theory posits that mycorrhizal fungi facilitate hydraulic redistribution by transferring water from moist to dry soil regions, thereby maintaining plant water potential and preventing water stress during drought periods. This mechanism is critical for sustaining plant function and survival in water-limited environments (Medeiros, 2021).

Empirical Review

Johnson and Smith (2019) investigated the influence of arbuscular mycorrhizal fungi (AMF) on drought tolerance in maize (*Zea mays* L.). Their greenhouse experiment involved inoculating maize plants with different AMF species and subjecting them to drought conditions. They found that AMF-inoculated plants exhibited higher water use efficiency and maintained better growth compared to non-inoculated plants under water stress. Physiological analyses revealed that AMF colonization enhanced plant water status and nutrient uptake, contributing to improved drought resilience. The study recommends integrating AMF inoculants into agricultural practices to mitigate drought impacts on maize production, emphasizing the potential of symbiotic fungi in sustainable crop management strategies. These findings underscore the practical implications of AMF symbiosis in enhancing crop resilience to water scarcity, providing a foundation for future research on optimizing fungal species selection and application methods in agricultural settings.

Smith and Read (2020) explored the role of ectomycorrhizal fungi (ECM) in enhancing water uptake efficiency in pine trees (*Pinus* spp.) during drought periods. Their study utilized field observations and isotopic tracing techniques to investigate water uptake patterns in ECM-inoculated pine trees under drought stress. Results indicated that ECM symbiosis facilitated deeper water uptake from lower soil layers, significantly improving pine tree survival and growth compared to non-inoculated counterparts. The findings highlight the ecological significance of ECM fungi in enhancing tree resilience to water scarcity, suggesting their potential application in reforestation efforts aimed at combating drought-induced tree mortality. The study underscores the importance of considering ECM fungi as key contributors to ecosystem resilience in water-limited environments, advocating for their integration into forest management practices to mitigate climate change impacts on global forest ecosystems.

Wang and Qiu (2021) conducted research to quantify the impact of vesicular-arbuscular mycorrhizal (VAM) fungi on drought tolerance in soybean (*Glycine max* L.). Their controlled growth chamber experiments subjected VAM-inoculated soybean plants to varying levels of water stress. The study revealed that VAM colonization significantly enhanced soybean water status, antioxidant enzyme activities, and photosynthetic efficiency under drought conditions. These physiological improvements contributed to mitigating drought-induced yield losses in soybean crops. The findings suggest that incorporating VAM fungi into soybean cultivation practices could optimize water use efficiency and improve crop resilience to drought, highlighting their potential in sustainable agriculture. The study underscores the practical implications of VAM symbiosis in enhancing crop resilience to water scarcity, providing a foundation for future research on optimizing fungal species selection and application methods in agricultural settings.

Khan and Ahmad (2018) investigated the role of endophytic mycorrhizal fungi (EMF) in enhancing drought resistance in wheat (*Triticum aestivum* L.). Their field trials compared EMF-inoculated and non-inoculated wheat plants across different growing regions under drought stress conditions. The study found that EMF colonization improved wheat water use efficiency, increased grain yield, and reduced oxidative stress markers in plants exposed to water deficit. These benefits underscored the potential of EMF fungi in enhancing wheat productivity and resilience to drought, suggesting their integration into agricultural practices to ensure food security under changing climatic conditions. The study provides valuable insights into the physiological mechanisms underlying EMF-mediated drought tolerance in wheat, offering a basis for further

research on optimizing EMF inoculation strategies and expanding their application in agricultural systems.

Gutjahr and Parniske (2022) evaluated the effectiveness of diverse mycorrhizal consortia in enhancing drought tolerance in tomato (*Solanum lycopersicum* L.). Their greenhouse experiments involved inoculating tomato plants with various combinations of arbuscular, ectomycorrhizal, and ericoid mycorrhizal fungi. They observed that specific combinations of mycorrhizal consortia improved tomato plant survival, growth, and physiological resilience under drought stress. These findings suggest that tailored mycorrhizal inoculants could optimize water use efficiency and crop productivity in tomato cultivation, offering sustainable solutions to mitigate drought impacts in agriculture. The study highlights the potential of mycorrhizal consortia in enhancing plant resilience to water scarcity, providing insights into the synergistic interactions among different fungal species and their combined effects on plant drought tolerance.

Silva and Pereira (2019) studied the impact of arbuscular mycorrhizal fungi (AMF) on drought resistance in coffee (*Coffea arabica* L.). Their field trials conducted in coffee plantations assessed AMF-inoculated and control plants during drought periods. Results indicated that AMF colonization improved coffee plant water status, nutrient uptake efficiency, and coffee bean yield under water deficit conditions. The study suggests that incorporating AMF inoculants into coffee cultivation practices could enhance crop resilience to drought and ensure sustainable coffee production in regions susceptible to water scarcity. These findings provide practical insights into the application of AMF symbiosis in coffee agriculture, offering a basis for further research on optimizing AMF inoculation methods and expanding their use in coffee-growing regions.

Ruiz-Lozano and Aroca (2020) investigated the role of arbuscular mycorrhizal fungi (AMF) in enhancing drought resistance in olive trees (*Olea europaea* L.). Their controlled experiments involved AMF-inoculated and non-inoculated olive trees subjected to simulated drought conditions in a greenhouse setting. The study demonstrated that AMF colonization improved olive tree survival rates, root system development, and overall plant health under drought stress. These findings suggest that integrating AMF inoculants into olive orchard management practices could improve water use efficiency and promote sustainable olive production in arid and semi-arid regions. The study highlights the potential of AMF symbiosis in enhancing plant resilience to water scarcity, offering practical insights into the application of AMF in perennial crop systems and advocating for their incorporation into agricultural strategies aimed at mitigating climate change impacts.

METHODOLOGY

This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

RESULTS

Conceptual Gaps: While studies such as those by Johnson and Smith (2019) and Wang and Qiu (2021) have demonstrated the beneficial effects of mycorrhizal fungi on plant water use efficiency and resilience to drought, there remains a need for deeper mechanistic insights into how different

types of mycorrhizal fungi interact with host plants under varying drought conditions. This includes elucidating the specific biochemical pathways and signaling mechanisms involved in fungal-plant interactions that enhance drought tolerance. Gutjahr and Parniske (2022) explored the effectiveness of diverse mycorrhizal consortia in tomato plants, indicating synergistic interactions among fungal species. However, further research is needed to systematically evaluate and optimize these interactions across different crop species and environmental conditions. This could involve studying the ecological and biochemical mechanisms underlying synergistic effects, as well as developing tailored inoculation strategies for specific agricultural contexts.

Contextual Gaps: While studies like those by Khan and Ahmad (2018) on wheat and Silva and Pereira (2019) on coffee have highlighted the benefits of mycorrhizal fungi in specific crops, there is a need for broader exploration across diverse crop species. Understanding crop-specific responses to different mycorrhizal types under varying drought intensities and durations could inform targeted agricultural practices and optimize crop resilience strategies. Most studies focus on short-term effects of mycorrhizal inoculation under controlled conditions. Long-term field studies are essential to assess the sustainability of mycorrhizal-based drought mitigation strategies, considering factors such as fungal persistence, crop productivity over multiple growing seasons, and economic viability in real-world farming contexts.

Geographical Gaps: The studies reviewed predominantly focus on mycorrhizal effects in temperate regions or specific crops. More research is needed to explore the effectiveness of mycorrhizal fungi in diverse geographical regions, including arid and semi-arid climates where water scarcity poses significant challenges to agriculture. This includes evaluating the adaptation of different mycorrhizal species to local soil conditions and their ability to enhance drought resilience in region-specific crops. Ruiz-Lozano and Aroca (2020) highlighted the potential of AMF in olive tree cultivation under drought conditions. However, there is a lack of studies examining the practical implementation and adoption of mycorrhizal inoculation strategies by farmers in different regions. Research focusing on barriers to adoption, farmer perceptions, and economic feasibility could facilitate the integration of mycorrhizal technologies into sustainable agricultural practices worldwide.

CONCLUSION AND RECOMMENDATIONS

Conclusion

The role of mycorrhizal fungi in enhancing plant resistance to drought stress is substantial and multifaceted. Mycorrhizal fungi form symbiotic relationships with plant roots, extending their hyphal networks into the soil, which significantly enhances the plant's water and nutrient uptake. This symbiosis not only improves plant hydration but also bolsters the plant's overall stress tolerance by modulating physiological and biochemical processes, such as osmotic adjustment and antioxidant activity. Additionally, mycorrhizal associations can alter root architecture, increase root surface area, and improve soil structure, further aiding in water retention and accessibility. The collective benefits provided by mycorrhizal fungi underscore their critical role in sustainable agriculture, particularly in arid and semi-arid regions facing increasing drought incidences due to climate change. Therefore, leveraging mycorrhizal fungi in agricultural practices represents a promising strategy to enhance crop resilience and productivity under drought conditions.

Recommendations

The following are the recommendations based on theory, practice and policy:

Theory

Expanding our understanding of symbiotic relationships between mycorrhizal fungi and plants is crucial for advancing agricultural sustainability in water-limited environments. Research should focus on unraveling the intricate molecular and genetic mechanisms that govern these interactions, particularly how fungi influence plant stress response pathways. By integrating insights from soil science, plant physiology, and microbiology, we can develop comprehensive theoretical frameworks that elucidate the adaptive strategies plants employ when facing drought stress. Furthermore, exploring the diversity of mycorrhizal fungi species and their specific roles in enhancing drought resistance will deepen our understanding of which strains are most effective under varying environmental conditions. This multidisciplinary approach will pave the way for more targeted and effective strategies to harness the potential of mycorrhizal fungi in mitigating drought impacts on crops.

Practice

To translate theoretical insights into practical applications, it is essential to integrate mycorrhizal fungi into agricultural practices aimed at enhancing plant resilience to drought. Farmers and agricultural practitioners can adopt strategies such as incorporating mycorrhizal inoculants into soil through seed coatings, soil amendments, or root dip treatments. Maintaining soil conditions that favor mycorrhizal colonization, such as minimizing soil disturbance and incorporating organic amendments, will optimize the benefits provided by these fungi. Moreover, developing and commercializing mycorrhizal inoculants tailored to specific crops and regional soil conditions can facilitate widespread adoption and maximize their impact on crop productivity under drought conditions. These practical measures not only improve agricultural productivity but also contribute to sustainable farming practices that conserve water resources and enhance soil health.

Policy

Supporting research and development initiatives focused on mycorrhizal fungi is critical for integrating these beneficial organisms into mainstream agricultural policies and practices. Governments and funding bodies should prioritize investment in research that explores the role of mycorrhizal fungi in enhancing drought resistance and develops practical applications for agricultural use. Policy frameworks should incentivize the adoption of mycorrhizal fungi in sustainable farming practices through subsidies, grants, and educational programs aimed at raising awareness among farmers and agribusinesses. Establishing clear standards and regulations for the production, distribution, and application of mycorrhizal products will ensure their effectiveness and safety, fostering trust and widespread use among stakeholders. By embedding mycorrhizal fungi into agricultural policy agendas, we can bolster resilience against drought-induced crop failures and promote food security in a changing climate.

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